

*Facilitated by UMass Mind*

Me2 Orchestra Presents:

# STIGMA FREE

The **Me2 Orchestra** invited community members for an afternoon of great music and conversation about the stigma surrounding mental illness and the healing power of music for mental health, at the historic **Mechanics Hall** on **April 28th at 4pm**. Me2 is a Boston-based orchestra created for musicians living with mental illness and the people who support them. During the pandemic, UMass Mind hosted an “Orchestrating Change: Music and Mental Health” webinar event with Me2.

The program included Brahms’ Hungarian Dance No. 1., Faure Pavane, and the final movement of Tchaikovsky Symphony No. 5. The orchestra was led by **Music Director and Conductor Ronald Braunstein, an award-winning musician who lives with bipolar disorder**. Audience members were invited to participate in a brief Q&A session where they were able to “Ask Us Anything!” by texting questions to the orchestra members.

The event was **free** and **accessible**, with the aim of giving socio-economically disadvantaged and vulnerable individuals, along with their loved ones and caretakers, the opportunity to attend.

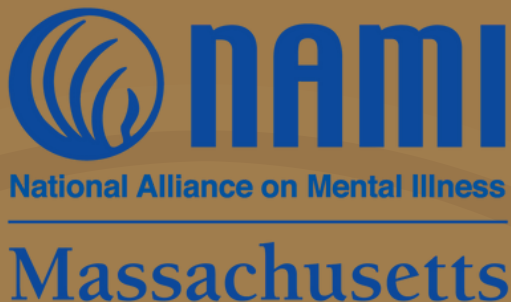
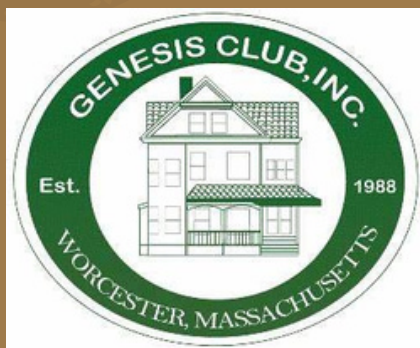
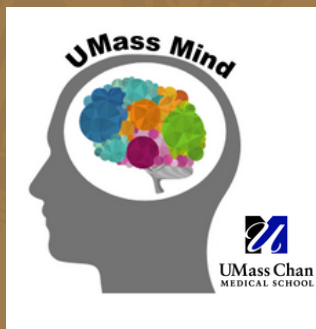
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AT MECHANICS HALL

28 APRIL, 2023 | 4:00PM



**UMass Memorial** Health  
COMMUNITY HEALTHLINK

**Me2** / Classical Music  
for Mental Health