

# Department of Population and Quantitative Health Sciences

## Weekly Newsletter

JULY 13 - 17, 2026



UMass Chan  
MEDICAL SCHOOL

## NEW GRANT



Award Number: 1R01HL185859-01  
Awarding Agency: National Heart, Lung, and Blood Institute  
Type: New Competing  
Title: Thromboxane Generation and Heart Failure Risk  
Project Period: 07/15/2026 – 03/31/2027  
PI: Bruce Barton  
Total approved for this period: \$1,281,208

## CONGRATULATIONS



### Taylor Jansen, PhD got engaged!

Post Doctoral Fellow, Transdisciplinary Training in  
Cardiovascular Research T32 Training Program  
Division of Epidemiology



## THANK YOU FOR YOUR SUPPORT

The PQHS Diversity Action Committee would like to thank you for your support of the [Yes We Care Food Pantry](#)! We had a great time volunteering on June 26<sup>th</sup>. Reverend Talley said that about 400 people received food that day! Here are some pictures of PQHS staff, family, and friends!



## DIVERSITY DIGEST

What do you love about your friends? Tell them any day, but especially on July 30, the International Day of Friendship! The United National General Assembly thought that friendship was so important that it proclaimed July 30 as the [International Day of Friendship](#). This proclamation recognizes that friendship among peoples, communities, cultures, and countries - especially among future leaders - can help pave the way for peace. Use this day to reach out to friends to let them know you care about them!

## UPCOMING EVENTS

### Greetings from the New England Addiction Technology Transfer Center Team!

Summer is fast approaching, and we have an exciting lineup of trainings ahead. Take a look and save the dates on your calendar, and register now. We look forward to learning with you this summer!

**Tuesday, July 28, 2026, 10:00-11:00 AM**

#### **Alcohol and Sleep: Clinical Implications**

This training will focus on the relationship between alcohol use and sleep, and its implications for clinical practice. We will review how alcohol disrupts sleep architecture and circadian rhythms, and how these effects appear both in the short term—such as fragmented sleep after drinking—and over time, contributing to poorer sleep quality and insomnia. Finally, we will connect this knowledge to practice by exploring how clinicians can use it in patient conversations to better counsel individuals on reducing alcohol-related sleep disruption and improving overall sleep health.

[Meeting Registration - Zoom](#)

**Tuesday, August 11, 2026, 12:00-1:30 PM**

#### **Understanding Gambling-Related Harms Among College Students: Trends, Risks, and Support Strategies**

This 90-minute webinar goes beyond the basics to examine the unique vulnerabilities of college students and the evolving culture of gambling on campus. Participants will learn how to identify early warning signs, understand the broader impact on student well-being, and explore practical strategies for engaging students in conversations about gambling. The session will also highlight actionable approaches for strengthening campus response, including early intervention, referral pathways, and connections to care. The goal of this training is to increase understanding of gambling-related harms among college students and enhance the ability to identify, prevent, and respond within campus and student-facing settings.

[Meeting Registration - Zoom](#)

**Tuesday, September 1, 12-1:30 PM** (click to register)

#### **Gambling & Youth: Understanding the Why, Spotting the Signs, and Having Better Conversations**

Sports betting apps, instant deposits, and 24/7 access have changed the game for today's college students. What was once occasional or social is now fast, frequent, and often difficult to detect – leaving many students vulnerable to gambling-related harm before it's recognized. As access expands and normalization grows, the line between "just for fun" and real harm is becoming increasingly blurred. This 90-minute webinar goes beyond the basics to examine the unique vulnerabilities of college students and the evolving culture of gambling on campus.

[Meeting Registration - Zoom](#)

Please feel free to share this with anyone who may be interested. We hope to see you there!

The New England ATTC Team

Population and Quantitative Health Sciences

UMass Chan Medical School

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[New England ATTC - Addiction Technology Transfer Center \(ATTC\) Network](#)

[New England ATTC | LinkedIn](#)



#### **2026 UMass Cancer Walk**

Sunday, September 27, 8:00 AM - 2:00 PM

Polar Park, 100 Madison Street, Worcester

#### **Join Us for the Cancer Walk!**

We're putting together a team for this year's cancer walk, and everyone is welcome to join! It's a great opportunity to support cancer research, honor those affected by cancer, and connect with colleagues outside of work. If you're interested in participating, please use the team invitation link below. We'd love to have you with us!

To register, click [here](#).



2024 PQHS Team

## UMASS REMINDERS

### UMass Chan Farmers' Market



**Every Tuesday through October 27**  
**(No market on Sept.15)**  
**10 AM - 1 PM**

**Two Locations:**

- Market Vendors will be set up in the Albert Sherman Center, MPR - East, First Floor.
- Food Trucks and Food Vendors will set up outside on the Medical School Building Terrace.

[Click here](#) for more details and to view the list of attending food trucks and vendors



🚩 Labor Day – Monday, September 7<sup>th</sup>

🚩 Indigenous Peoples' Day – Monday, October 12<sup>th</sup>

🚩 Veterans Day – Wednesday, November 11<sup>th</sup>

🚩 Thanksgiving Day – Thursday, November 26<sup>th</sup>

🚩 Day After Thanksgiving – Friday, November 27<sup>th</sup>

🚩 Christmas Eve – Thursday, December 24<sup>th</sup>

🚩 Christmas Day – Friday, December 25<sup>th</sup>

*PQHS Weekly will be sent to all members of PQHS on Monday mornings. The intent is to provide a snapshot of what is going on that week in PQHS and to share our faculty and staff activities with the department. We depend on you to provide the items we need to share. Please send suggestions of events, faculty invited seminars & talks, honors, student thesis presentations, and news – new babies born! – to Judi ([judi.saber@umassmed.edu](mailto:judi.saber@umassmed.edu)) & Sarah ([sarah.yeboah@umassmed.edu](mailto:sarah.yeboah@umassmed.edu)) by Friday each week.*