

University of Massachusetts Medical School
Department of Psychiatry

Adolescent Treatment Programs
Worcester Recovery Center and Hospital

Mentorship Program
Job Description

Title: Mentor
Adolescent Treatment Programs

Reports To: Unit Program Director

Position Summary:

A Mentor working with youth residing in one of the four adolescent programs at Worcester Recovery Center and Hospital will work to form a supportive and nurturing relationship with their assigned youth. He/She will make a commitment to meet with their teen once per week if possible, contact the youth via telephone on a weekly basis and remember them at special times such as birthdays and holidays. Sharing leisure activities and personal interests will be important in building a trusting and meaningful relationship.

Qualifications:

- Over 18 years of age, working or enrolled in a higher education program
- Experience in working with teenagers is desired
- Prepared to make a commitment to serve as a mentor for their assigned youth or others residing on the units
- Eager to share personal interests and leisure activities
- Known for being responsible and following through on commitments made to others
- Possess the qualities of being patient and a good listener

Responsibilities:

- Work in collaboration with unit staff to identify and address teen's needs as is appropriate within the assigned role
- Commit to regular meetings with assigned youth
- Contact assigned youth each week through a telephone call
- Remembering teen at holidays and birthdays
- Commit to participating in a training program prior to begin meeting with youth
- Participate in monthly meetings with unit's Program Director when needed
- Following each meeting with youth, check-in with Charge Nurse or Shift Supervisor who will be responsible for formally documenting the visit
- E-mail any questions, feedback or concerns to unit's Program Director
- Follow through on commitments made to youth and unit staff

July 2013