



Pride Month 2021

How did it start?

In the early hours of June 28, 1969, police raided the Stonewall Inn, a gay bar in New York's Greenwich Village, and began hauling customers outside. The uprising became a catalyst for an emerging gay rights movement as organizations such as the Gay Liberation Front and the Gay Activists Alliance were formed, modeled after the civil rights movement and the women's rights movement.

Where did the Pride name come from?

It's credited to Brenda Howard, a bisexual New York activist nicknamed the "Mother of Pride," who organized the first Pride parade to commemorate the one-year anniversary of the Stonewall uprising.

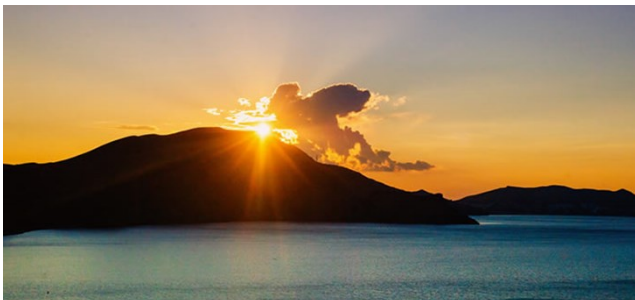
What's the origin of the rainbow flag?

In 1978, artist and designer Gilbert Baker was commissioned by San Francisco city supervisor Harvey Milk -- one of the first openly gay elected officials in the US -- to make a flag for the city's upcoming Pride celebrations.

How do people celebrate LGBT Pride Month?

LGBT Pride Month events draw millions of participants from around the world each year. Typically, there are monthlong celebrations and in-person gatherings that take place across the nation, including pride parades, marches, parties, concerts, workshops and symposiums.

Appreciative Reflection of the Day



Every day is a celebration because instead of waiting for happy endings, we open our eyes to the wonder of life, to see the humor and magic in each moment. Delighted in the way things turn out, amazed at the beauty of it all.

Faculty Spotlight

Dr. Ken Peterson, Assistant Professor; Jaya Rawla and Everlyne Njoroge Class of 2021 DNP Students published an article in the May/June issue of Worcester Medicine. “Nursing Notes: Concordance on the Front Lines of Patient Care Delivery”.

Read more here, page 14: <https://drive.google.com/.../1gdswcUjl0vGwACyIkyJZT4.../view>

Junior Faculty Development Program

Congratulations to GSN staff member **Ricardo Poza, MED**, Assistant Dean of Curriculum Innovation for completing the Junior Faculty Development Program he will be honored during a virtual graduation ceremony on Thursday at 5 p.m. Check out the list of graduates and tune in: <https://bit.ly/3wjZ1y8>

Lisa Gaimari, ANP was honored with an Appreciation Award at Worcester State University for her COVID19 efforts this year.

Co-Authored by **Mechelle Plasse, PhD., APRN-PMH-BC**, University of Massachusetts Medical School Graduate School of Nursing. ISPN (2021). Mitigating the stress and mental health trauma of COVID-19 for nurses and healthcare providers (Position statement). [032021_ISPN Statement_MITIGATINGfinal.pdf \(ispn-psy.org\)](https://www.ispn-psy.org/032021_ISPN_Statement_MITIGATINGfinal.pdf)

Student Spotlight



Graduate School of Nursing Class Speaker Heather Lovelace Reflects on Honor of Serving Patients

Heather Lovelace, MS, FNP-BC, RN, has ventured into student leadership, medical aesthetics, global health missions, health care policy and advocacy, teaching, and more during her time as a Doctor of Nursing Practice student. Read more here: <https://bit.ly/2TSJNSX>

The Graduate School of Nursing will welcome a new cohort in August. Here are just a few of our incoming GEP students at the Q & A session last month.



Student Spotlight

Dr. Everlyne Njoroge (DNP Class of 2021) has had her abstract accepted for the Sigma Theta Tau International (STTI) Sigma Region 15 Nursing Research Symposium to be held in October 2021 as a virtual event. Dr Njoroge will be presenting her DNP project work on Cancer Related Fatigue.

Interprofessional Trainee Quality Council

The 2020-2021 Interprofessional Trainee Quality Council (ITQC) final presentations took place at the end of May. This year was the most successful with 16 GSN participants from both the GEP, AGRN, and DNP and the first GSN led team project. They worked inter-professionally with not only medical and pharmacy students but with the staffs in each area addressing various health care issues.

Team 1: Enhancing Palliative Care Consultation Workflow on an Inpatient Oncology Unit

Team 2: Improving Follow-Up Clinic Appointment Scheduling for Heart Failure Inpatients

Team 3: Improving Timeliness of Methadone Administration in hospitalized Patients with Opioid Use Disorder

Team 4: Improving Pediatric Gastroenterology Clinic myChart Activation Percentage

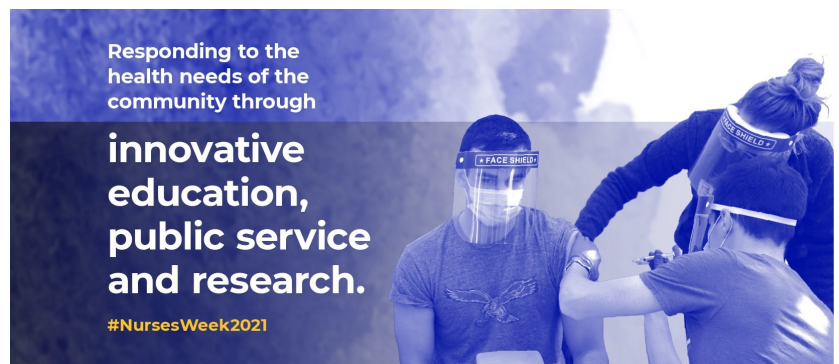
Team 5: Improving Turnaround in Home Care Documentation at the Family Health Center of Worcester

Team 6: Decreasing Gynecologic Surgery Cancellation Rates

Team 7: Optimizing Inpatient Physical Therapy Consult Completion

Celebrating Nurses Week

Incoming Graduate School of Nursing student, **Samantha Ellis, RN**, shares her personal experience as a nurse caring for COVID-19 patients: <https://bit.ly/3eEcM4M>



Amanda Hazeltine, mother of two, changed careers and enrolled in our GEP program, designed for people who have a bachelor's degree in a field other than nursing. <https://www.facebook.com/umassmedical/videos/917214129069241/>

Nursing student **Oscar de la Rosa** was influenced by his mom, who switched medical careers when they moved from the DR. Learn how he went from setting up a covid19 field hospital to joining our vaccine corps. <https://bit.ly/3ez99Nx>



Reginald Sarpong is one of the many Graduate School of Nursing students who have joined UMass Medical School's vaccine corps. acting as advocates to ensure access to the COVID19 vaccine.

Hannah Mills, FNP, is a DNP student who co-led a companionship wellness initiative to emotionally support COVID19 patients 65 and older at two Worcester hospitals.



Alumni Spotlight

Cassandra M. Godzik, PhD, APRN, PMHNP-BC, CNE a 2020 graduate of the GSN PhD program is one of the members of the advisory group for the toolkit described below.

With funding provided by Johnson & Johnson, AACN is developing a faculty tool kit that distills the themes and teachable moments captured in 5B that can be used to instruct nursing students and potentially other health professions students. The tool kit will feature an array of free resources for nurse educators worldwide, including learning objectives and desired student outcomes; a step-by-step instructional guide; PowerPoint slides; discussion questions and sample activities; an activity guide for schools offering White Coat Ceremonies; a references list; and resource links.

Announcements

UMass Community Outreach: Foot Clinic Event

Please join us for our second annual UMass Community Outreach: Foot Clinic Event, for those of you who were able to participate at the last event in November, we had a great turnout and Fr. Madden really appreciated the help we were able to provide to individuals in the community. We had 40 volunteers from across the UMass system and 60 individuals within the community screened at the tent. We are hoping for just as good if not better of a turnout at this next event. Please volunteer your time if possible (full shift or split shift), please forward this to anyone else who would like to attend or if you know of anyone/vendors who would like to contribute donations. We are also open to recommendations of how we can make this next outreach event even better than the first, hope to see you there!

VOLUNTEER AT UMASS COMMUNITY OUTREACH: FOOT CLINIC

When: Saturday June 26, 2021

Where: St Francis Xavier Center (44 Temple St, Worcester, MA 01604)

Time: 7:30am-12:30pm (full event or split shifts available)

Sign Up: <https://signup.com/go/tghyPPL>

Further Questions please email: Mallory.Gibbons@umassmemorial.org

Library Skylight Replacement Project to Start July 2021

Starting July 2021, the three skylights situated above the main seating section of the Lamar Soutter Library (curved couch, large tables, and outside the computer classroom) will be replaced. In July there will be the installation of scaffolding and safety barriers. Work is expected to continue into mid-August. All three skylights will be removed and reinstalled with a new energy efficient skylight system. Due to the nature of this construction, there will be significant noise at times in the library. There will be reduced seating on the first floor, some study carrels will not be accessible, and the round staircases leading to the second and third floor will not be available for use. Accommodations will be made at alternate locations on campus to provide quiet study spaces. Daily work will begin early and is expected to be completed by mid-afternoon. Daily construction information and noise levels will be posted at the Library's entrance. As the start date nears and work progresses, important information will be communicated through the Library website, blog, and Twitter announcements.

Looking for ad hoc babysitting help this summer and during the school year for my 2 kids (5 and 2.5 yo). Please contact Amanda at amanda.hazeltine@umassmed.edu if interested.

Congratulations 2021 Award and Scholarship Recipients

2021 awards and recipients are:

Chancellor's Award
Brittany Carney

GSN Dean's Award
Hannah Mills

Commencement Speaker Recognition
Heather Lovelace

Carol Bova Scholarship
William Mar

Lillian Goodman Scholarship
Samantha Turner

Annie Vigeant Award
Everlyne Njoroge
Jaya Rawla

Paulette Seymour-Route Scholarship
Rachel Niemiec Singer
Lauri Toohey

Suzanne T. and John F. Sullivan Scholarship
Amanda Hazeltine

Mary K Alexander Academic Achievement & Leadership Award
Rachelle Archard

Janet Fraser Hale Academic Achievement and Leadership Award
Sarah Lake

Mary Kinnear Raymond Award
Henry Ellis

Lucie D. Russell Briefcase Award
Adult Gerontology-Acute Care Nurse Practitioner: Elisha Lico
Family Nurse Practitioner: Sophal Sok
Adult/Gerontology-Primary Care Nurse Practitioner: Yasinca Monzon Cabrera

Outstanding NP student in Critical Care Award
Rachel Burke

Jane McCue Magner Award
Jeff Robichaud

GSN Interprofessional Community Service Award

Vaccine Corps:
Michael Hirsh, MD
Christopher Lee
Adjei Badu
Allison Carlson
Karina Michaela DelMundo
Chikodiri Ebe
Kendra Engfer
Emily Everett
Madeline Lane
Paige Laperle
Jacqueline Mbugua
Monica Mbugua
Reham Mousa
Amanda Sylvia
Helen Tsiagras

GSN Community Partnership Award

Baystate Health:
Andrew Arntstein, MD
Kevin Hinchey, MD
Betty LaRue, RN
Nancy Ocasio
Christine Kluczniak, DNP
Hadley Byrne
Paula Brooks, DNP

Nancy & Walter Kowal Scholarship
Aisling Ryan

Ciborowski Family Scholarship
Grace Schierberl

Faculty Daisy Award
Jill Terrien, PhD

Janet Fraser Hale Humanism in Health Care Scholarship/Award
Timothy Winn (presented at 2021 Educational Recognition Awards)

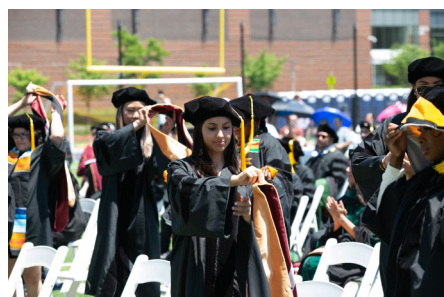


48th Commencement Ceremony

The forecast for a hot, humid and joyful day was fulfilled as the UMass Medical School Class of 2021 graduates gathered with faculty, family and friends for the 48th Commencement on Sunday, June 6.

Photos, articles and commencement video: <https://bit.ly/2TGW3po>

Congratulations GSN Class of 2021



Recipe of the Month



Tomato Cucumber Onion Salad

- 1 cup diced cucumber
- 1 cup diced fresh tomato
- 1/2 cup olive oil
- 1/2 cup red wine vinegar
- 1/4 cup diced red onion
- 1 teaspoon white pepper
- 1 teaspoon salt, or to taste

Toss cucumber, tomato, olive oil, red wine vinegar, red onion, and white pepper together in a large bowl; season with salt. Refrigerate until slightly chilled, 10 to 15 minutes.

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Be part of the next newsletter

TELL US SOMETHING GOOD AND EXCITING!

ENTER YOUR NEWSLETTER SUBMISSIONS & BE FEATURED IN OUR 1ST EDITION !

**WE WILL RELEASE THE MONTHLY GSN NEWSLETTER ON THE 2ND WEEK OF EVERY MONTH
YOU CAN BE FEATURED IN OUR STUDENT/FACULTY/STAFF SPOTLIGHT SECTION, OR
RECOMMEND A PEER :)**

- EVENT PROMOTIONS WITHIN GSN & UMMS
- KUDOS & RECOGNITION
- SCHOLARSHIP PRESENTATIONS & PUBLICATIONS
- RECIPE OF THE MONTH
- GSNO UPDATES
- STUDENT ANNOUNCEMENTS: APARTMENTS FOR RENT, CARS FOR SALE, ETC...

We are taking July and August off, enjoy your summer!

For the September 2021 newsletter have your submissions in by September 15th.

Send in your submissions today and don't forget to bookmark the [submission form!](#)