

Is there a cure for autism/ASD?

ASD is usually noticed in the first few years of a child's life and lasts throughout a lifetime. While there is no definitive cure for autism, there are educational, behavioral, and therapeutic interventions and strategies for families and instructors to teach motor, cognitive, and social skills. These plans and programs are highly individualized, as the needs of each child with ASD are different. Treatment plans frequently include a cooperative team of speech and language, occupational, and physical therapists. Some families have found that other therapies like Applied Behavior Analysis (ABA), play therapy, medication, or certain dietary restrictions work well for them.

Generally speaking, the earlier a child with ASD receives services, the more these interventions will work to enhance a child's development and help to reduce challenging behaviors.