

## Quick Reference Guide: Recommendations for Choosing Gender Neutral and Culturally Appropriate Names for Patient Cases



Names given to patients when building cases should be included thoughtfully to ensure they do not reinforce stereotypes and prompt bias

*If you are looking to include patient names in your cases consider using a gender-neutral first name, particularly where the sex of the patient is irrelevant to the chief concern.*

*Listed below are over 90 suggested first names in alphabetical order:*

Alexis	Jodie	Remington
Alva	Johnnie	Rene
Arden	Jordan	Riley
Ari	Jude	Rio
Asa	Jules	River
Ashley	Kai	Robbie
Austen	Kelly	Roux
Brooklyn	Kendall	Rowan
Campbell	Kerry	Sacha
Carey	Kim	Sam
Clarke	Kris	Sammie
Cleo	Leslie	Shannon
Corey	Lin	Shawn
Dallas	Logan	Sidney
Darby	Marion	Skylar
Elliot	Merrill	Skyler
Ellis	Mickey	Sloan
Emery	Min	Sparrow
Evan	Morgan	Spencer
Finley	Murphy	Stirling
Frankie	Nicky	Tatum
Guadalupe	Noel	Taylor
Harley	Oakley	Terry
Haskell	Ollie	Tommie
Haven	Orion	Tracy
Hollis	Parker	Trinity
Jackie	Peyton	Tyler
Jalen	Phoenix	Valen
Jamie	Quinn	Vesper
Jan	Rebel	Wyatt
Jessie	Reef	Yu

If a gendered name is required, consider one from these common names around the world:

Women's Names	Men's Names
Alice	Abdul
Amahle	Ahmad
Amelia	Ahmed
Amoura	Aleksandr
Ana	Alessandro

Anita	Ali
Aurora	Ambrose
Ava	Amias
Ayesha	Antonio
Carmen	Archie
Charlotte	Benjamin
Daria	Carlos
Elena	Daniel
Emani	Do Yoon
Emika	Elijah
Emily	Emmanuel
Emma	Ermias
Fatemeh	Francesco
Fatima	Francisco
Giulia	Gabriel
Grace	Ghulam
Ha Yoon	Hassan
Harper	Hiroshi
Irina	Hong
Isabella	Hugo
Isla	Hui
Jade	Ibrahim
Kokoro	Ivan
Layla	Jack
Lei	Jackson
Li	Jakob
Ling	Jayden
Louise	Joao
Lucia	Jorge
Maria	Jose
Mariam	Juan
Marie	Kyro
Marina	Liam
Martha	Lucas
Mia	Luis
Natalya	Manuel
Navy	Mario
Nushi	Martin
Olga	Mateo
Olivia	Miguel
Ping	Ming
Precious	Mohammed
Qing	Noah
Rita	Nozomi
Rosa	Oliver
Saanvi	Patrick
Sandra	Pedro
Siti	Peng
Sofia	Ram
Sofie	Raphael
Sri	Roberto
Sunita	Samuel

Svetlana	Santiago
Tamar	Sekani
Tatyana	Sergey
Theodora	Victor
Xin	Vladimir
Yaritza	Wei
Ying	Yan
Zahra	Yong

*Consider giving your patient last name/surname representative of our culturally diverse patient population. Listed below are 30 of the most common last names world-wide in alphabetical order:*

Ali	Ilunga	Muller
Anderson	Ivanov	Nguyen
Brown	Johnson	Rodríguez
Davis	Jones	Silva
Deng	Kim	Smith
Devi	Lopez	Taylor
Garcia	Martinez	Tesfaye
González	Miller	Thomas
Hansen	Mohamed	Wang
Hernandez	Moyo	Williams

This “Quick Reference Guide” is designed as a resource for UMass Chan UGME and GME faculty who are developing cases. This guide is a ‘work in progress, ‘please check back regularly for updates and if you have any updates or suggestions for improvement email [Yasmin.Carter@umassmed.edu](mailto:Yasmin.Carter@umassmed.edu)