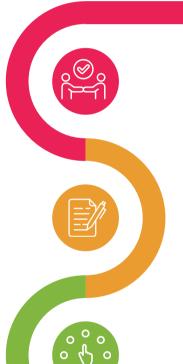
## SYSTEMS PRACTICE GUIDE: CONTENT DISCLOSURES

- Topics that may be upsetting should be disclosed to allow learners and instructors to prepare, and to support psychological safety.
- Content disclosures delivered immediately before upsetting material can produce more anxiety than they allay.
- Timing, framing, and offering alternate educational opportunities are key to successful
  content disclosures.



## **Provide advance notice**

Ideally in the syllabus – so that learners have time to prepare themselves and request accommodations, if needed.



Most learners prefer written disclosures – so they have the opportunity to prepare.

02

## **Provide alternatives**

Don't make learners decide between receiving course content or "missing out" to protect themselves.

03

## Is the topic necessary?

If material evokes traumatic responses in learners, consider whether the educational goal can be reached in other ways.

04





Questions? Support?
Suggestions for Improvement
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