

HYPOGLYCEMIA QUESTIONNAIRE

Hypoglycemia refers to low blood glucose (blood sugar) levels that drop below 70 mg/dL when you are taking medications that can cause low blood glucose. Significant hypoglycemia is considered below 54 mg/dL. If you use oral diabetes medications, ask your physician or diabetes educator whether hypoglycemia should be a concern for you.

1. Do you currently take diabetes medication that may cause low blood glucose?
Yes _____ No _____ I don't know _____
2. Within the last month, has your blood glucose level dropped below 70?
None _____ 1-2 _____ 3-5 _____ 6-10 _____ more than 10 times _____
3. Do you feel symptoms when your blood glucose is below 70?
Never _____ Sometimes _____ Always _____
4. Do you show symptoms when your blood glucose is below 70?
Never _____ Sometimes _____ Always _____
5. Do you always carry glucose tabs, gel, etc. to treat low blood glucose?
Never _____ Sometimes _____ Always _____
6. Do you always carry a snack with you to prevent low blood glucose?
Never _____ Sometimes _____ Always _____
7. Within the last month, has someone else had to help you treat a low blood glucose because you were unable to do so?
Yes _____ No _____
8. Do you check your blood glucose before you start to drive?
Never _____ Sometimes _____ Always _____
9. What blood glucose level do you think is too low to drive a car?
_____ I don't know _____
10. When you experience low blood glucose, do you know what caused it?
Never _____ Sometimes _____ Always _____
11. Do you have glucagon at home? Yes _____ No _____
If so, does someone know how to use it? Yes _____ No _____
12. What do you consider a low blood glucose that requires treatment? _____

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