



Advanced Mental Health Care in Primary Care

A Course for Physicians and Advanced Practice Providers

Designed for: Physicians, nurse practitioners, and physician assistants

Cost: \$1800, discounts for groups of 10 or more.

When: This course offered twice a year - in the Fall, and Spring.

CME/CE: 36 hours CE/CME credits are offered from American Academy of Family Physicians (AAFP)

About: This course addresses the real-life, complex patient presentations we see in primary care every day. Increase your confidence, knowledge, skill, and capacity to treat mental health conditions.

Some of the many topics covered in this course:

- Mental Health and Primary Care in our Current Society
- Initial Principles of Mental Health Care & Patient Engagement
- Mental Health and Substance Use Screening
- Connecting Patients with a Behavioral Health Clinician
- What Sets the Stage: Chronic Stress, Adversity, and Trauma
- Sleep Health is a Foundation of Mental Health
- Responses and Adaptations to Trauma and Stressors
- Depression
- Anxiety, Obsessions, and Compulsivity
- Care of Patients with Medically Unexplained Symptoms
- Substance Use
- Attention and Hyperactivity Across the Lifespan
- The Bipolar Spectrum
- Psychosis and Altered Perceptual Experiences
- Counseling Approaches Tailored for Primary Care Clinicians

16 self-paced modules that cover critical aspects of mental health care tailored to the practical needs of primary care clinicians.

5 live online sessions - Focused on didactic content that is ever changing, these live sessions are as up to date as the moment they're presented.

5 Complex Clinical Cases - The purpose of this series is to take content that you're learning throughout the course and apply it to the very complex cases we see in primary care.

2 Curb Side Consultation Sessions - Opportunity to get more challenging, case based questions answered with nuance in real-time with all 3 course faculty!



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