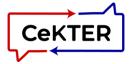
# Using Social Media to Improve Knowledge Translation in Your Employment Research and Practice

Session 2 - December 1, 2021

Presented by the KT Academy at Center on Knowledge Translation for Employment Research (CeKTER)



### **Presenters**



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# **Acknowledgements**

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NIDILRR is a Center within the Administration for Community Living (ACL). ACL is in the Department of Health and Human Services (HHS). The contents of this presentation do not necessarily represent the policy of NIDILRR, ACL, or HHS and you should not assume endorsement by the Federal Government.

The territory on which Boston University stands is that of The Wampanoag and The Massachusetts People. We offer this land acknowledgement as a way of inviting truth into our conversation over the next hour and a half.









# Knowledge Translation (KT) Training Academy



"Building capacity for promoting the awareness and use of employment research findings"

The KT Training Academy CeKTER offers a variety of classes to increase the capacity of NIDILRR grantees and their collaborators for disseminating and implementing employment research findings.



#### **Our KT Academy Training Goals**

**Session 1:** Clarify the role social media can play in your overall dissemination strategy. Set realistic, measurable "S.M.A.R.T." KT goals for a specific research project. Use social media "Best Practices" to identify 3-5 strategies to reach your goals.

**Homework:** Begin implementation of the social media plan.

Session 2: Review progress, measure effectiveness of activities using analytics tools, and receive/offer group feedback to help everyone increase effectiveness.



# Can you relate?





#### **How Can Social Media Help With Your KT Goals?**

Your objective	Social media goal	Metric(s)
Increase awareness of organization	Awareness (these metrics inform your current and potential audience)	Followers, shares, etc.
Generate feedback from stakeholders	Engagement (these metrics show how stakeholders are interacting with your content)	Comments, likes, @mentions, etc.
Drive webinar registrations, newsletter signups, research brief downloads	Conversions (these metrics demonstrate the effectiveness of your social engagement)	# of Webinar registrations, email signups, downloads, etc.
Improve Research study participation	Enrollment (these metrics reflect how engaging your survey invitation is)	Completion of qualification survey



Center on Knowledge Translation for Employment Research

# Reminder: Setting S.M.A.R.T. Goals

□ Set goals that are Specific, Measurable, Attainable,
 Relevant, and Timely

 Make sure they are aligned to your organization's objectives to accurately measure your results

□ Track the right metrics to stay focused on what matters



# The 3 next steps.

Step 1: Understand who your <u>target audience</u> is, and where to find them online.

Step 2: Identify **potential partners**, how to reach them online, and how to leverage their social media network.

Step 3: **Audit your current social media strategy** and refine what you're doing to achieve your goals.



#### **Metrics & Methods to Measure Success**

- Analytics on individual social media pages (by page or w/social media management tool)
- Analytics on your website (using Google Analytics)
- Other measurements
  - Sign ups for your mailing list / listserv
  - Downloads of your research brief or paper
  - Registrations for your webinar or training
  - Enrollments in your research study



# **Our Case Studies Today**

 Case Study 1: Boston University's Center for Psychiatric Rehabilitation

 Case Study 2: UMass Chan Medical School's Transitions to Adulthood Center for Research at iSPARC

 Case Study 3: Colorado's Department of Vocational Rehabilitation



# Case Study 1: Making Sense of Employment Research Webinar Series

Making Sense of Employment Research highlights recently published employment research via Boston University's Center for Psychiatric Rehabilitation, a NIDILRR employment research grantee.

Each webinar reviews a recent employment study in a clear and relevant way and answers questions posed by participants.



https://www.youtube.com/wat
ch?v=yS7uGxmyt2M&t=9s



# Case Study 1: Making Sense of Employment Research Webinar Series S.M.A.R.T. Goals

- 1. Increase attendance at the next (January 2022) webinar by 25% over our average attendance
- 2. Increase the views of archived webinars by 25% by December 1, 2021
  - https://cpr.bu.edu/resources/making-sense-of-employment-research-webinars/
  - https://www.youtube.com/playlist?list=PLI\_lh\_cxbiLXGUvrZYKEsSOOvkk4GmvAy
- 3. Test a TikTok account by December 1, 2021
- Increase our Twitter followers by 10% a month for 6 months (<a href="https://twitter.com/psyrehab">https://twitter.com/psyrehab</a>)



# Case Study 1: Making Sense of Employment Research Webinar Series – Measuring Status through Metrics

- 1. No progress no date has been set yet for our next webinar
- 2. Views on YouTube: Goal exceeded views of our sample video increased from 38 views on 11/03/21 to 107 as of 11/29/21
- 3. TikTok account created on 11/22/21.
- 4. # Twitter followers on 11/03/21 was 118. As of 11/29/21 was 143, a 22% increase.



#### **How to Find Your Twitter Metrics**

Left Navigation -> MORE...-> **Analytics: First** view is monthly overviews.



Sep 2021 · 30 days

#### Top Tweet earned 579 impressions

■ Analytics Home Tweets More 
▼

Learn the signs. If you or someone you know is in crisis: text START to 741-741 or call 1-800-273-8255 (TALK) to speak with a trained counselor 24/7.

#### #BecauseMentalHealthMatters #BeThe1To #SuicidePreventionMonth #ShareNIMH twitter.com/NIMHgov/status...

**13**4 **9**5

View Tweet activity

View all Tweet activity

#### Top Follower followed by 1,206 people



#### Pacific Rim Conference @PacRimHawaii FOLLOWS YOU

#PacRim2022 Feb 28 - Mar 1, 2022 | 37th Pacific Rim International Conference on Disability and Diversity | virtual hybrid conference | Mobilize for Action!

View profile

#### Top mention earned 37 engagements



#### Jonathan Delman @Jondelman · Sep 19

Black young adults with mental illness face high and racialized barriers to pursuing work/education growkudos.com/publications/1... via @growkudos @UICHealthRRTC @TransitionsACR @aneeman @Lucia Valmaggia @TalkMHResearch @MentalHealthAm @collabbrhVanessa

@vvklo @laudyaron @urbaninstitute

View Tweet

#### Top media Tweet earned 168 impressions

This year's International Week of the Deaf is "Celebrating Thriving Deaf Communities" #DeafCulture #DeafYES #IWDP #IWDP2021 #DeafAwareness

#### buff.ly/3ke0oLO pic.twitter.com/mO3axiWn22



**17**3 **9**2

View Tweet activity

View all Tweet activity

Tweet impressions 13 3,894

Mentions

Profile visits 584

SEP 2021 SUMMARY

New followers

Click here to see more details





Center on Knowledge Tr

Aug 2021 • 31 days

Top Tweet earned 620 impressions

Top mention earned 11 engagements

AUG 2021 SUMMARY

Tweets 14

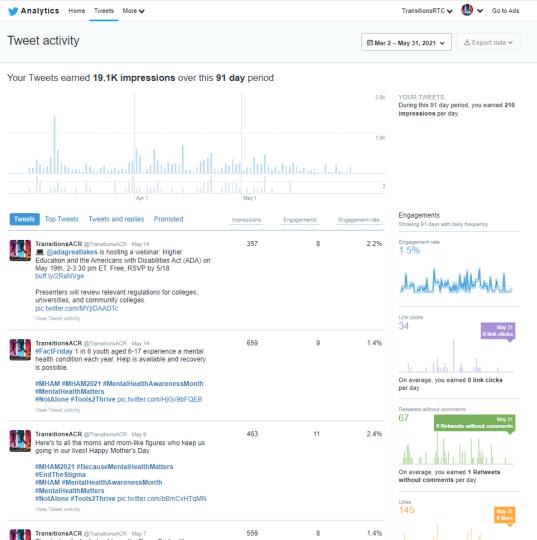
Tweet impressions 4 430

# How to Find Your Detailed Twitter Metrics

Use the date range in the upper right hand corner.

Lots of data here, just not easy to grab.





### **Case Study 2: New TEST Practice Guides**

The Translating Evidence to Support

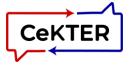
Transitions (TEST) project created a series of practice guides to increase the use and adoption of 3 research-informed practices for the transition planning of HS students with emotional behaviora disturbances who receive Special Ed services

- student-led IEP meetings
- community agency representation at IEP meetings
- concentrations of CTE coursework along career paths



https://www.umassmed.edu/TransitionsACR/models/test/

Presenter: Robin Tasca

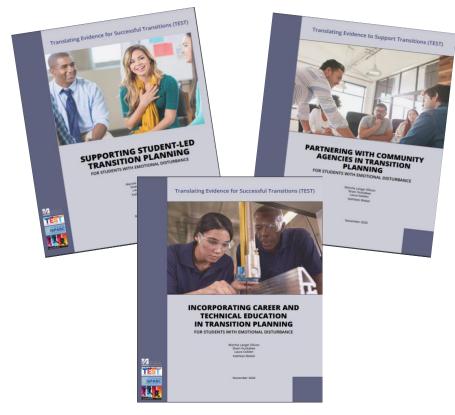


# Case Study 2: The TEST Project Goal

Transitions to Adulthood Center for Research had a overall project goal to get these into the hands of Transition Planners, Special Ed teachers, Guidance & Mental Health Counselors, etc. ASAP.

View the Guides here:

https://www.umassmed.edu/TransitionsACR/models/test/test-guides/





# Case Study 2: TEST Practice Guides S.M.A.R.T. Goals

- 1. Generate 50 downloads of the Practice Guides in first 60 day period
- 2. Capture contact information from people who downloaded the guides so the TEST team could follow-up w/them
- Built a web page that captures user contact info for follow-up survey
- Create immediate awareness of new TEST Practice Guides through ambitious social media & email marketing campaign in first 60 day period
- Identify which social media platform generated the best results

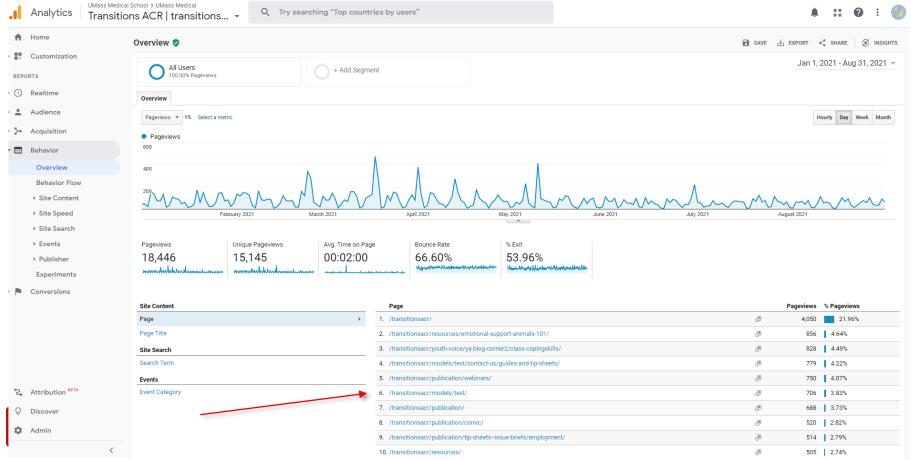


# **TEST Goals: Unique Web Page**

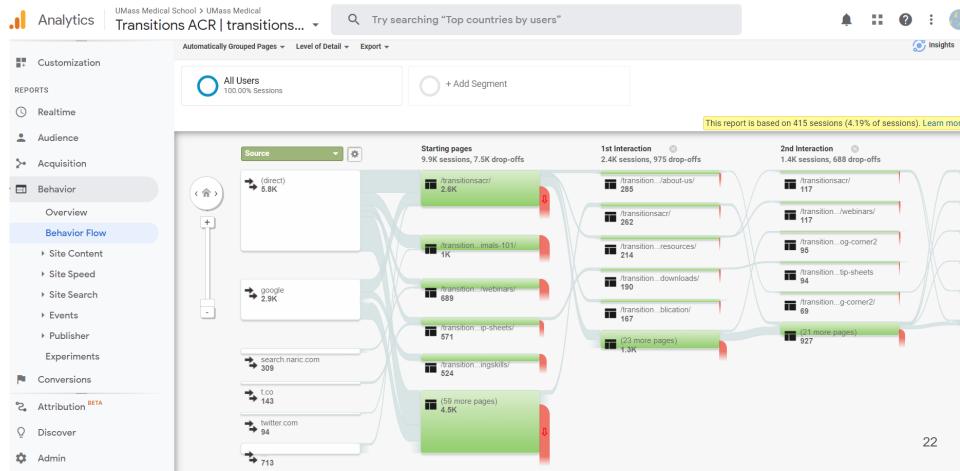
- Created unique landing page on website which can be tracked w/Google Analytics
- 2. https://www.umassmed.edu/TransitionsACR/models/test/
  - a) Included project description and products
  - b) Requested that someone provide their contact information prior to gaining access to the TEST Practice Guides
  - c) Accomplished the goal of measuring results
    - 1. Visits to the web page
    - 2. # of downloads
    - 3. Contact info for interesting audience members



### **TEST Goal 1: Web Page Analytics1**



# **TEST Goal 1: Web Page Analytics2**



# **TEST Goal 2: Social Media Campaign**

Hint: Use Canva for easy creation of social media graphics.

www.canva.com

# SUPPORTING STUDENT-LED TRANSITION PLANNING

There are 3 levels of student involvement in IEPs:

Level 1: Student-Involved

Level 2: Student-Partnered

Level 3: Student-Led

These levels exist on a continuum, and depending on each student, levels of participation may look different.





# PARTNERING WITH COMMUNITY AGENCIES IN TRANSITION PLANNING

Start by Asking...

#### Who is already involved?

Identify current services agency/organization partners involved in the transition planning

#### Who could become involved?

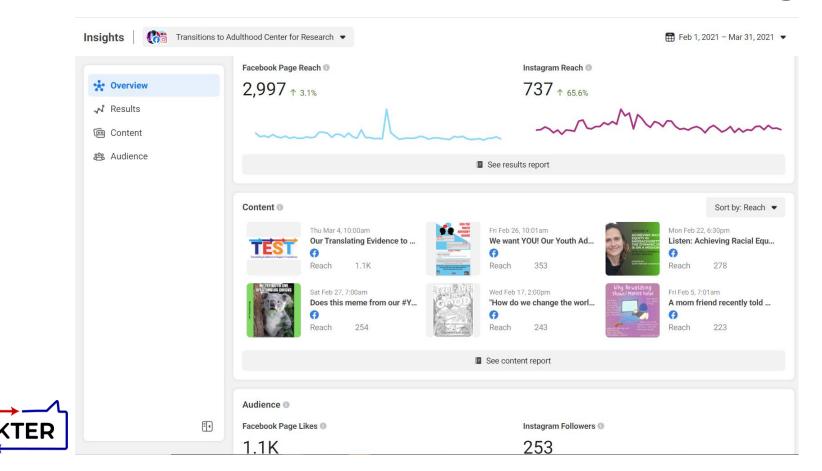
Identify new potential services agency/organization partners



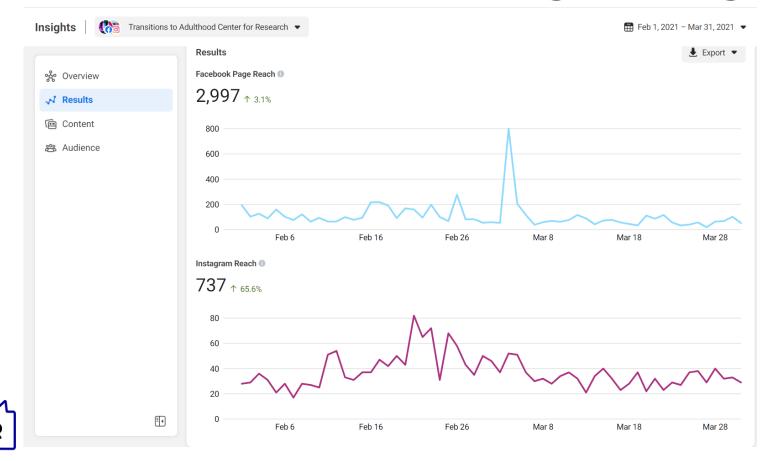




# **TEST Goal 2:** Social Media – Facebook Insights



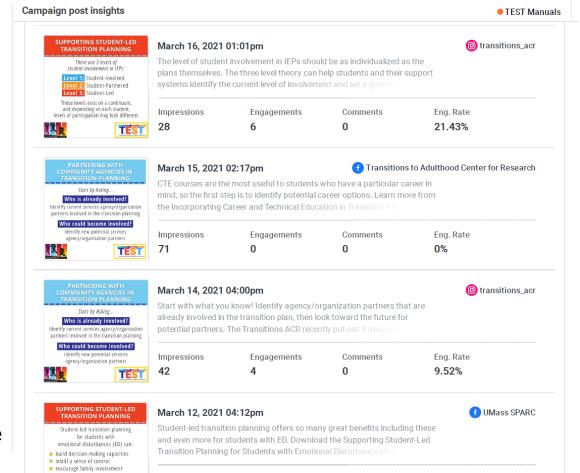
# **TEST Goal 2:** Social Media – Instagram Insights





#### **TEST Goal 2: Social Media Results**

1. Here's Sample
Results from
Buffer. (Other
options:
Hootsuite,
Later, Sprout
Social)





# **TEST Goal: Identify best social media** platforms

Buffer gives us results in a format that is helpful for this analysis by allowing us to see the results of each platform compared against each other.

However, we did not track platforms relative to actual downloads of the TEST practice guides.



#### **TEST Goal 3: Guide Downloads**

- ✓ Total downloads: 152 in first 4 months. (218 to date)
- ✓ Total unique emails: 169
- ✓ Total NEW emails: 84

We were pretty excited that we could track this dissemination.



Photo by <u>Jill Wellington</u> from <u>Pexels</u>



# **TEST Project – Metrics & Measurements**

- 1. Total Social Media Posts = 32 from Jan-Apr
- 2. Total Social Media Engagement = 2684 post impressions/171 engagements
- 3. Total mentions in emailed newsletters= 4 from Jan-Apr
- 4. Total visits to page 835 visits to the new landing page
- 5. Total emails collected 227 captured / 169 unique addresses
- Total downloads to date 218
- 7. Feedback 24 completed surveys out of 184 individuals

https://www.umassmed.edu/TransitionsACR/models/test/contact-us/guides-and-tip-sheets/



# Case Study 3: Increase Enrollment in the SEEKS Intervention

Securing Employment and Economic Keys to Stability (SEEKS) is a NIDILRR –funded project with the Office of Independent Living Services, Division of Vocational Rehabilitation, Colorado Department of Labor and Employment.



Department of Labor and Employment

https://dvr.colorado.gov/dvr-programs-andservices/help-applying-for-social-security-disabilitybenefits-in-co

Presenter: Sarah Hansen



Center on Knowledge Translation for Employment Research

# Case Study 3: The SEEKS Intervention Background

SEEKS is designed to better understand what helps individuals w/ disabilities to:

- Improve employment & education outcomes
- Increase monthly income
- Expand community participation



Department of Labor and Employment

SEEKS is a random assignment research project where participants will be assigned to a control group (services as usual) or an intervention group (new services being tested).



# Case Study 3: The SEEKS Intervention (more background)

The Intervention will provide 3 services to people applying for Social Security disability:

- Social Security disability application assistance.
- Employment Services to obtain employment
- Benefits Counseling to support an individual to make an informed choice about disability and other benefits and choosing to work
- The SEEKS intervention model addresses the myth that people who receive Social Security
  disability benefits cannot work. It promotes the expectation that people with disabilities can
  contribute to the business bottom line in the competitive, integrated workforce, while addressing
  limited economic resources experienced by people with disabilities.



# Case Study 3: SEEKS Enrollment – Challenges

Colorado DVR was not getting enough people enrolled in the research project

➤ Why?

The initial thoughts: A "Social Media Campaign!"

BUT... Colorado DVR quickly realized that Social Media is just one piece of the overall dissemination strategy and setting some S.M.A.R.T. goals to achieve increased enrollment would be helpful.



#### SEEKS Enrollment - S.M.A.R.T. Goals

- 1. Increase enrollment directly through our DVR website via a unique Enrollment "Landing Page" on website, in multiple languages 30 days
- 2. Get partners (CILS) to create their own page and/or direct audience to SEEKS page 60 days
- Promote landing page via multiple mediums (Print, Video & Social Media) (Ongoing effort)
- 4. Enlist aid of employment –related service organizations to disseminate link to landing page on website (Ongoing effort)



https://dvr.colorado.gov/dv r-programs-andservices/help-applying-forsocial-security-disabilitybenefits-in-co (used a simple Google Form)

#### Help Applying for Social Security Disability Benefits in CO

Translation Help

Traduccion Espanola or use Google Translate for other languages. Click here for how to use Google Translate.

#### Get Help Applying for Disability Benefits such as SSI or SSDI in Colorado

DVR Programs & Services > Help Applying for Social Security Disability Benefits in CO

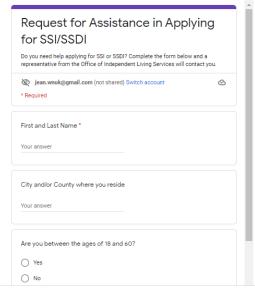
Did you know that it is possible to work and receive social security disability benefits at the same time? While employment can be about more than a paycheck, there's no denying that the ability to earn money, support oneself and plan for the future is among the top benefits for most people.

Are you concerned that work won't provide enough income for you to live as independently as you would like? We can help you understand how Social Security disability benefits like Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) can help maximize your income. If you qualify, we can help you apply for these benefits while you work or pursue employment. This service is provided state-wide by Center for Independent Living staff, at no cost to you.

Whether you are interested in work or not, if you are a resident of Colorado and need help with social security disability benefits, fill out the form to the right (or this form in Spanish) and someone will be in touch with you within 2 business days.

Share this flyer about the Centers for Independent Living with your friends.

Comparta este folleto sobre los Centros para Vivir Independiente con sus amigos.

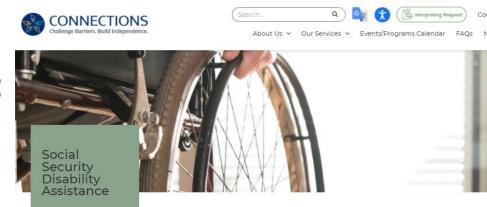




# SEEKS Goal 2: Have Centers for Independent Living (CILS) to host/direct people to enrollment page



https://connectionscolorado.org/ind ependent-living-assistance/socialsecurity/



#### **Help with Social Security Disability Benefits**

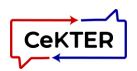
Do you have a medical or mental health condition that makes it difficult to work? Do you have questions about Social Security disability?



Applying for Social Security's Supplemental Security Income (SSI), and Social Security Disability Insurance (SSDI) can be a confusing and complex process. Trained and knowledgeable staff from Connections for Independent Living are available to help!

For no-cost assistance, please contact us at (970) 352-8682 or complete the form below





Center on Knowledge Translation for









### **SEEKS Goal 2: Have Centers for Independent** Living (CILS) to host/direct people to enrollment page 2

Partner website example:

https://connectionscolorado.org/ind ependent-living-assistance/socialsecurity/



Get started	
Complete our form below to re	equest Social Security benefits guidance.
Today's Date *	
Month ✔ Day ✔ Year ✔	
Staff Person's Name (if you are already wo	orking with Connections)
First	Last
11 III - ST - S - 10 - 10	Last
Submitter's Name *	
First	Last
Submitter's Email *	
Request Origin *	
Person with a disabling condition	
Service provider	
☐ Family member or friend	
☐ Other	

Information about the individual in need of assistance



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# **SEEKS Goal 4: Promote &** offer enrollment via multiple mediums

The printable flyer is also available in Spanish.



Division of Vocational Rehabilitation

#### We can help you apply for SSI or SSDI

Get more information at https://dvr.colorado.gov/es/node/10201 or call your local Center for Independent Living

\*Available in Alternate Formats

#### Atlantis Community

Serving Adams, Arapahoe, Clear Creek, Denver, Douglas, Elbert, and Jefferson counties

(303) 733-9324

#### Center for Independence

Serving Chaffee, Delta, Eagle, Garfield, Gunnison, Hinsdale, Lake, Mesa. Montrose. Ouray, Pitkin, and San Miguel counties



Centers for Independent Living are nonprofits that are designed and operated by individuals with disabilities to provide an array of independent living services to Coloradans with disabilities.

#### Center for People with Disabilities

Serving Adams, Boulder, Broomfield, Gilpin, Jefferson. and Weld counties

#### Center Toward Self-Reliance

Serving Alamosa, Baca, Bent, Conejos, Costilla, Crowley, Custer, Fremont, Huerfano, Kiowa, Las Animas, Otero, Prowers, Pueblo, Rio Grande, and Saguache counties (719) 546-1271

#### Connections for Independent Living

Serving Logan, Morgan, Phillips, Sedgwick, Washington, Weld. and Yuma counties (970) 352-8682

#### Disabled Resource Services

Serving Jackson and Larimer counties (970) 482-2700

#### North West Colorado Center for

Independence Serving Grand. Moffat, Rio Blanco, Routt, and Summit counties (970) 871-4838

#### Southwest Center for Independence

Serving Archuleta. Dolores, La Plata, Montezuma, and San Juan counties (970) 259-1672

#### The Independence Center

Serving Chevenne. El Paso, Kit Carson, Lincoln, Park, and Teller counties (719) 471-8181



(970) 241-0315

(303) 442-8662

CeKTER

Center on Knowledge Translation for Employment Research

#### **SEEKS Goal 4: Social Media Plan**

- Created YouTube Videos with links to enrollment form
  - https://www.youtube.com/channel/UCufkoubSByE-\_HPfszRjtRQ
  - https://youtu.be/FbfHE5k-BBA
- Social Media examples:
  - https://www.facebook.com/ColoradoVR
- Centers for Independent Living post on their social media platforms
- Purchased Facebook Ads (what we learned / cost / unique tracking)



### **SEEKS Project: Metrics & Measurements**

- Enrollment Page Views: 843 (since launch in August. Data from Google Analytics)
- Form Submissions: 82 (Captured via Google Forms)
- Eligible for SEEKS study: 27 (lived in an area covered by a Center who is participating in the grant, was within the age range, and did not already have an open case with DVR)
- Enrolled in Study: 8 (Enrollment page works, now disseminate widely)

#### **Enrollment Data:**

Currently, we have 83 individuals enrolled in SEEKS.

8 of those individuals have enrolled as a direct result of the form

This was a start that the forms have in second as a direct result of the form.

This means that the form has increased our enrollment by 9.6% in about 3.5 months



# Rutgers University



Department of Psychiatric Rehabilitation and Counseling Professions Rutgers, The State University of New Jersey

**GOAL:** Recruitment

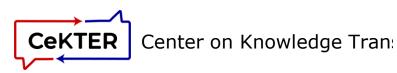
**SMART Goal:** The study team will recruit 8-10 students with mental health conditions currently enrolled in CTE programs from New Jersey using two recruitment ads on existing social media sites connected to CTE programs.

#### Target date: January 15, 2022.

Objectives	Timeframe
We will draft an IRB modification for the recruitment protocol to	12/20/2021
utilize social media for recruitment.	
We will develop 2 social media recruitment ads. One will use the	12/20/2021
recruitment flier, the other will be a 30 second video.	
We will identify our target recruitment area (central NJ)	12/20/2021
We will identify up to 10 CTE programs in our target area of NJ that	1/4/2022
have social media pages on Facebook, Instagram, or LinkedIn.	
We will reach out to social media page administrators.	1/4/2022 or pending
	IRB approval
We will email and call CTE program directors to gain consent to	1/11/2022
recruit students from their programs.	
We will develop a question on our screening form to identify how	1/11/2022
students learned about the study.	

#### Notes/Talking Points:

- TARGET POPULATION: Students with mental health conditions currently enrolled in NJ CTE programs
- PREFERRED SOCIAL MEDIA NETWORKS: Facebook, LinkedIn, Instagram
- We will be identifying CTE programs in a designated area.
- We will utilize the existing social media accounts of the targeted CTE programs to recruit
  their students for the study. That way we don't need students to find our page, we're
  going to them.
- We will craft social media recruitment "ads" for the identified programs.



#### **Think and Share**

- How can you apply this information you've learned to your employment research dissemination?
- What tips and tricks will you share with your organization?
- What are some ways of making social media stories more engaging?

# **How Do We Keep This Going?**

- What other topics on Social Media do you need training on?
- Community of Practice: info@cekter.org
- Technical Assistance <a href="https://umassmed.edu/cekter/ta/">https://umassmed.edu/cekter/ta/</a>
- Coaching: info@cekter.org

General Questions: info@cekter.org



#### Resources

19 Social Media Metrics That Really Matter—And How to Track Them

https://blog.hootsuite.com/social-media-metrics/

How to Prove and Improve Social Media ROI (+ Free Tools)

https://blog.hootsuite.com/measure-social-media-roi-business/

The Ultimate Guide to Google Analytics in 2021

https://blog.hubspot.com/marketing/google-analytics



# Thank you for joining us! KT Academy at CeKTER

