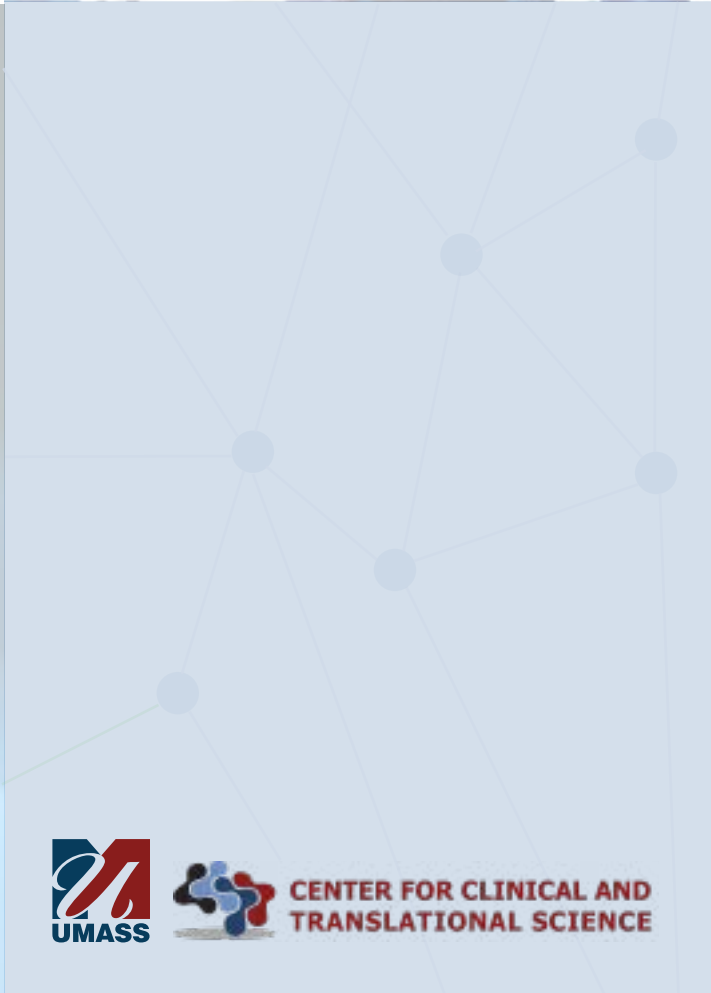




# IMPACT REPORT 2023-2024



**CENTER FOR CLINICAL AND  
TRANSLATIONAL SCIENCE**

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# Welcome Note from the Director

I am pleased to present this report highlighting the exciting work completed over the fourth year of our NIH Clinical and Translational Science Award (CTSA).

Since its inception in 2008, the UMass Center for Clinical and Translational Science (UMCCTS) has served as a hub that integrates and builds on the collective scientific, educational, and clinical strengths of the UMass system and our clinical partners to accelerate the translation of discoveries to clinical and public health benefit. As Massachusetts' only public university system (UMass) partnered with three of the state's largest health systems (UMass Memorial Health Care, UMMH; Baystate Health; Lahey Health), we share an enduring focus on public engagement and improving the health of Massachusetts' citizens and communities. Our work embraces diverse perspectives, talents, and expertise to create a synergetic environment that cultivates transdisciplinary collaboration to address our goal of speeding the development of evidence-based, equitable, real-world approaches to promoting health, treating disease, and responding to urgent public health needs.

We are proud of the many accomplishments detailed in this report, examples of which include:

- Our UMCCTS Research Informatics Core has developed a robust set of digital tools and informatics systems that promote collaboration, enable actionable insights from large data sets, and that engage diverse populations in home and community settings.
- Community Engagement and Collaboration Core (CECC) has worked with an array of partners to expand the engagement of diverse communities and participants in our research, ensuring that our research is relevant to and benefits the diverse constituencies that we serve.
- The UMCCTS continues to provide cores, resources, and funding for translational science projects that overcome scientific and operational barriers to effective translation of discoveries to the clinic.
- Our Workforce Development program has worked with our UMass campus partners to build out our clinical research internship program; as well as a joint program (BEAM) in biomedical engineering. Our KL2 and TL1 programs continue to foster the development of a diverse, skilled translational science workforce through innovative team-based training and career development programs.

We are grateful to our community partners for informing and enriching our research efforts, our dedicated teams of investigators and collaborators across the UMass system and beyond, our trainees who inspire us with their enthusiasm and energy, and our UMCCTS staff for their tireless efforts. We are also grateful to the National Center for Advancing Translational Science for grant support through the Clinical and Translational Science Award (CTSA). Last and not least, we thank UMass, UMass Chan leadership, and our clinical partners for their unwavering institutional support over the years.

We look forward to continuing our important work with you in the years to come.

## Katherine Luzuriaga, M.D.

PI and Director, UMass Center for Clinical and Translational Science  
Vice Provost for Research  
UMass Memorial Health Care Endowed Chair in Biomedical Research  
Professor, Program in Molecular Medicine, Pediatrics and Medicine



## MISSION




Advance learning and discovery to solve health challenges and improve health equity by:

- 1) catalyzing, rigorously testing, and disseminating evidence-driven approaches that remove translational science barriers to efficient, high quality, inclusive, and impactful clinical and translational research
- 2) building a scientifically and demographically diverse workforce of professional staff and investigators capable of changing paradigms in translational science and clinical and translational research

## VISION

Build healthier communities together through translational innovation

### Track Record Of Advancing Translational Science

	Trained 57 KL2 scholars & TL1 pre/post-docs trainees (70% female, 26% URiM)
	Funded 88 pilot grants yielding > \$59M of funding (16x ROI)
	Supported 1717 scientific publications

# PARTNERSHIPS DRIVE OUR SUCCESS

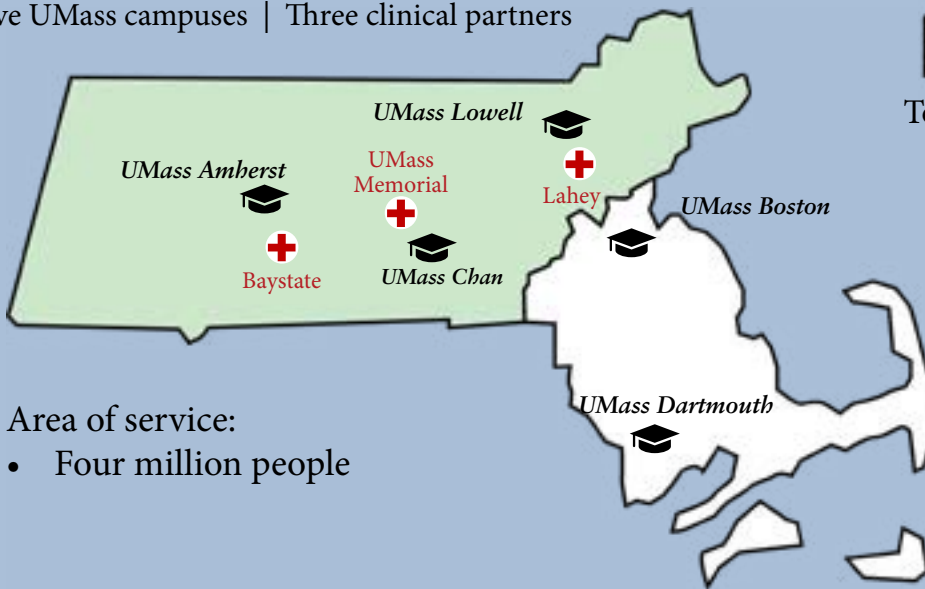
Our clinical partners, UMass Memorial Health (UMMH; Worcester, MA); Baystate Health (Springfield, MA); and Lahey Health (Burlington, MA) are the three largest health systems outside of Metro Boston, serving 57% of Massachusetts population. Our partners provide access to a variety of health center, home, and community settings for clinical and translational science (CTS), clinical trials, and workforce development.

Our partnerships focus on data as a key strategic asset in the creation of Learning Health Systems.

Lahey Health is our newest partner (2023). Joint strategic planning led to the creation of a new UMass Chan-Lahey Institute for Healthcare Delivery Science focused on health services research, implementation sciences, health disparities, and wearable/remote monitoring technology development.

## THE UMCCTS ECOSYSTEM

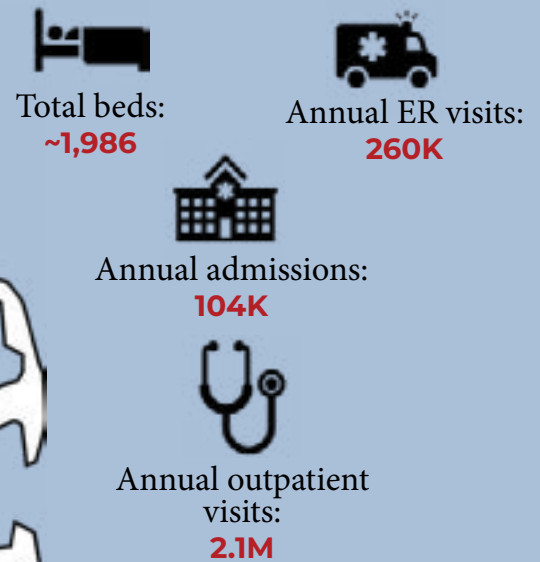
Five UMass campuses | Three clinical partners



Area of service:

- Four million people

## CLINICAL CAPACITY



## UMass Chan-UMass Lowell collaboration advances Point-of-Care (POC) device innovation for clinical use

### M2D2

Massachusetts Medical Device Development (M2D2) Center

### CAPCaT

The Center for Advancing Point of Care Technologies (CAPCaT)

### RADx

NIH Rapid Acceleration of Diagnostics (RADx) Initiative

### Resources

Incubator facilities and equipment | Business and technical development | Funding | Comprehensive clinical research support

### Outcomes

#### M2D2

Assisted **110** start-up companies, **\$183M** raised, hosted **150** interns

#### CAPCaT

Supported **27** projects, awardees raised **\$50M+** (**15X ROI**), **4** on market

#### RADx

**20K+** enrolled, **7** new EUAs, **new FDA/CDC guidance** on POC COVID tests

## Innovative Collaboration Designed to Catalyze Translational Outcomes

City of Worcester, UMass Chan Medical School, UMass Memorial Health and our Research Informatics Core form partnership to address health disparities



Matilde (Mattie) Castiel, MD, Commissioner for Health and Human Services, City of Worcester

“This process of combining data would be the first in the state... It will bring awareness to the community, and different groups can use the same data to see what is happening so that we all can work together to lower the numbers.”

A new Worcester Integrated-Health Data Exchange (WI-HDE) is a partnership between the City of Worcester, UMass Chan Medical School, and UMass Memorial Health. The initiative is led by Dr. Matilde (Mattie) Castiel, Commissioner for Health and Human Services and Adrian Zai, MD, PhD, MPH, UMass Chan Chief Research Informatics Officer and director of the UMass Center for Clinical and Translational Science (UMCCTS) Research Informatics Core.

WI-HDE will utilize the data-sharing platform PLUM to address the most prevalent healthcare concerns in the city. This platform will enable the partnership to surmount barriers that researchers currently face with access to secure data. PLUM will be the major factor in ensuring this initiative's success.

This phased initiative will focus first on the opioid crisis. “We know from state data for opioids that the highest numbers are for communities of color,” said Dr. Castiel. “Having our local Worcester data could help bring collaboration and resources to affected neighborhoods.”

According to Dr. Zai, “Our plan is to integrate opioid data from all health centers across the city of Worcester, starting sequentially with UMass Memorial and Family Health Center of Worcester. This step-by-step approach allows for a systematic and controlled expansion, significantly impacting public health by deepening our understanding and enhancing our response to the opioid crisis.”

## DATA SHARING PARTNERSHIP FOCUSED ON IMPACT

In an effort to create a robust framework that facilitates the transfer and utilization of health information between UMCCTS and clinical partners, we have developed standardized data-sharing agreements that offer this framework. Successful integration of health data across the combined clinical enterprise of the three partners (4 million patients) will significantly expand the scope and impact of our work.



Adrian Zai, MD, PhD, MPH, UMass Chan Chief Research Informatics Officer and director of the UMCCTS Research Informatics Core

The Learning Health System, *Platform for Learning Health System at UMass (PLUM)* was developed by Adrian Zai, MD, PhD, MPH, Chief Research Informatics Officer and Associate Professor, Population and Quantitative Health Sciences (left) and his team with funding from our CTSA grant. Dr. Zai oversees the Research Informatics Core (RIC) and manages informatics collaborations across clinical partners and campuses.

### The Learning Health System Data Cycle in PLUM:

- Data from a variety of sources are consolidated in the Data Lab, prepared and harmonized, then transferred to the Patient Research Record (PRR)
- Workspaces with stringent security (authorized, IRB-approved access) are utilized by research teams to analyze the PRR data, generating valuable insights
- Insights are channeled back to the PRR
- Can now be shared with the electronic health record to inform patient care decisions
- EHR data is continuously integrated into the PRR

## Eliminating roadblocks through the application of advanced digital technologies

With its cloud-based infrastructure, PLUM offers scalability and reliability, through efficient resource management and storage options. These enhancements enable a dynamic and adaptable model that supports the nuanced needs of research projects. The Healthy-at-Home project, led by Dr. Apurv Soni, is one example of a research project that fully leverages PLUM. (Continued on pg. 6)



# RESEARCH RESOURCES

## Research Informatics Core

### Spotlight on a successful Healthy-at-Home feasibility study supported by RIC

The Healthy-at-Home pilot project titled *Feasibility Trial of Home-Based Management of Patients with COPD Using Digital Technology*, awarded in 2022 to Dr. Soni, Laurel O'Connor, MD (KL2 scholar), Assistant Professor, Department of Emergency Medicine and John Broach, MD, MPH, MBA, Associate Professor, Department of Emergency Medicine, wrapped up this past spring,

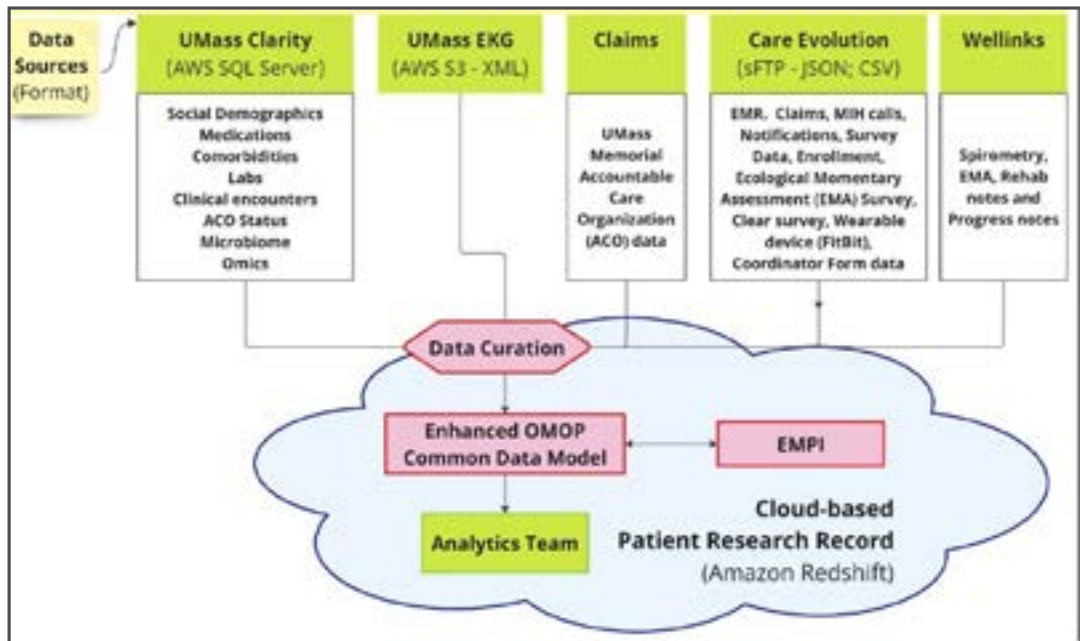
The study demonstrated the methodological and operational feasibility of a novel integrated digital and mobile intervention that provides comprehensive care in the community and improved participants' quality of life.

#### Study outcomes:

- Integrated enrollment program including a Fitbit wearable device, symptom tracking app, home-based acute treatment, and tele-pulmonary rehabilitation
- 100 enrolled, (mean age 66, 52% female)
- 96% completed the study
- Participants wore the Fitbit for a median of 114 days (IQR 183.6) and 16.85 hours/day (IQR 4.05)
- Completion rates of study instruments were 78%-93%. 85% of participants performed COPD ecological momentary assessments, (median 4.85 recordings)
- Two manuscripts in peer review

### PLUM facilitates research analytics for Healthy-at-Home project

The Healthy-at-Home Project integrates data from Medicare claims, patient-engaged apps like MyDataHelps, Care Evolution, UMass EMR systems, wearable device metrics, and spirometry data from Wellinks into PLUM for research analytics using virtual workspaces.



## Bioinformatics Core

### Leveraging innovation to improve translational science quality, efficiency, and impact

UMass Chan researchers Alper Kucukural, PhD, and Manuel Garber, PhD, developed Foundry, a flexible web-based data processing and analysis platform with a graphical user interface to address challenges inherent in the integration and interpretation of vast data sets produced by high throughput technologies. Foundry speeds insights and facilitates compliance with NIH Data Management Plans.

#### ROADBLOCK:

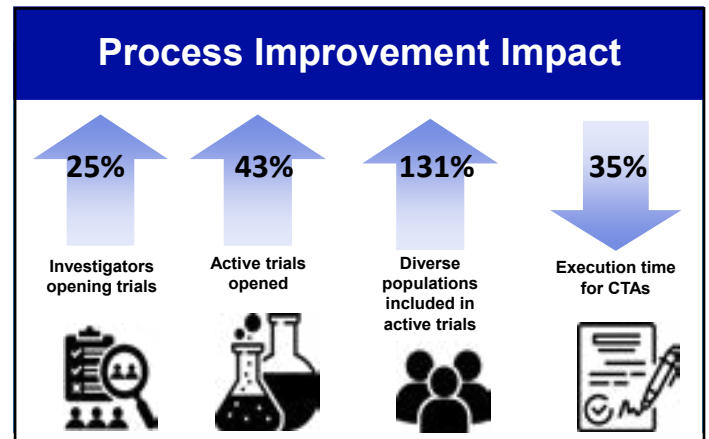
Integration and interpretation of vast data sets produced by high throughput technologies requires significant computational expertise and time.

**SOLUTION: FOUNDRY PLATFORM** Simplifies multiomics processing and analytics, eliminating the need to write code, accelerating insights and ensuring compliance with NIH Data Management Plans.

Via Scientific licensed Foundry and provides it free of charge along with user training to UMass users through the Bioinformatics Core.

# Office Of Clinical Research (OCR)

The OCR provides clinical research education & training, budget development, contract negotiation, Medicare coverage analysis, financial management, and related services to advance the quality and efficiency of translational science and clinical transition research. Budget, contracting and coverage analysis staff are centralized in the UMCCTS to save time for investigators. OCR works closely with the Office of Technology Management to coordinate matters related to intellectual property, licensing and the compliance team to manage potential conflicts of interest, and sponsor compliance.



## Overall Clinical Research Numbers



**539**

Studies supported in FY 24

**346**  
Therapeutic

**193**  
Non-therapeutic



**2681**

Enrollments

**950**  
Therapeutic

**1731**  
Non-Therapeutic



**204**

Principal Investigators supported

**31**

Departments or Centers Supported



## New And Improved Translational Research Accelerator (TRAcS) Portal

In response to user and service provider feedback, the UMCCTS evaluation team worked with UMCCTS TRAcS administration, institutional IT, and stakeholders to migrate the REDCap version of TRAcS to a newly designed TRAcS application using the software platform Salesforce.

The new version of TRAcS, implemented in February 2024 provides the following:

- **Improved tracking of requests**
- **Increased transparency to investigators and staff**
- **Reduced redundancy**
- **Increased efficiency**



Service providers can communicate with users through the application and users can follow the status of their requests. Initial feedback has been very positive and service providers have been able to respond to requests more efficiently.

# Clinical Research Center (CRC)

The UMCCTS Clinical Research Center (CRC) is dedicated to efficient, reliable, and high-quality study support at reasonable cost for UMass clinical investigators.

## Resources

- Exam rooms or infusion spaces for study visits
- Touchdown space with computers for visiting researchers, study teams, and external monitors
- An in-unit BSL-2 laboratory
- A pneumatic tube system to the hospital's Rapid Response Lab

## Services

Adult and pediatric clinical research nurse services for:

- Study drug administration
- EKGs
- IVs
- Phlebotomy
- PK studies

The CRC is staffed with experienced clinical research coordinators who provide full or partial coordination of studies, lab processing and shipping, and regulatory support with guidance from our Regulatory Team.

## Support garners results

CRC staff members pictured below worked together to coordinate enrollment of 107 study participants for Dr. Kovell's clinical study, "RESILIENT: Rehabilitation at home using mobile health in older adults after hospitalization for ischemic heart disease."



Lara Kovell, MD  
KL2 Scholar,  
Principal Investigator



Bethany Trainor  
RN, BSN, CCRP  
Nurse Mgr., CRC



Rafael Fernandes, MS  
Sr. Clinical Research  
Coordinator, CRC

## CRC Reports Impressive Numbers



**68**  
Studies Supported



**14**  
Departments  
Supported



**35**  
Principal Investigators  
Supported

## Information dissemination is key

Our website averages > 75,000 unique page views annually. It is our major portal for information and supports registration for UMCCTS membership, which currently includes 3,376 individuals across our five campuses and clinical partners.

Members receive email updates for educational, funding opportunities and event items, plus a monthly email newsletter. Annual survey-based feedback on programs, cores, and services guides annual planning.





# COMMUNITY ENGAGEMENT and COLLABORATION CORE (CECC)

Dr. Stephenie Lemon is the director of the CECC. Her team is comprised of individuals with extensive expertise with community engaged research and health equity research. During this past year, they have conducted seminars and workshops including a three-part series on Housing, Homelessness and Health organized by the four Massachusetts Clinical Translational Science Institutes' Community Engagement Programs representing Boston University, Harvard, Tufts, UMass Chan, and co-sponsored by the Massachusetts Public Health Association (MPHA).



Stephenie Lemon, PhD, MS, Director of the CECC, Director and Professor and Chief of the Division of Preventive and Behavioral Medicine in the Department of Population and Quantitative Health Sciences at UMass Chan Medical School.

The collaborative effort for the series "Housing, Homelessness and Health: Evidence, Policy, and Impact" reached an impressive number of researchers.

[CECC Workshop Recordings](#)



**Over 1,000 attendees**

## Partnerships promote equitable opportunities for research participation and extend reach to underrepresented populations.

Through the CECC, researchers can readily access expertise in community engagement, and innovative approaches to promote inclusive communications and community health partnerships.

Resources utilized during this past year include:

- Hiring patient consultants
- Providing sample materials for development of advisory board and advisory board recruitment
- Providing resources or recruitment and community outreach
- Suggesting methods to obtain community expertise
- Help in shaping a community engagement approach

## CECC enhances the diversity of All of Us and RADx Tech study participants



# PILOT PROJECT PROGRAM (PPP)

*A Generalizable Approach of Mutant-Specific Knockdown Towards the Development of Therapeutics for Dominant Diseases*



**PI: John E. Landers, PhD**

Professor of Neurology, University of Massachusetts Chan Medical School



*Development of a Novel RNA Interference as a Therapeutic Agent for Rheumatoid Arthritis*

*Matrikine Regulation of Skin Inflammation*



**PI: Sarah K. Whitley, MD, PhD**

Assistant Professor, Department of Dermatology, University of Massachusetts Chan Medical School; Investigator, Autoimmune Therapeutics Institute and Co-Director, Hidradenitis Suppurativa Center



**PI: Jae-Hyuck Shim, PhD**

Associate Professor, Department of Medicine, University of Massachusetts Chan Medical School

**Co-PI: Julia Alterman, PhD**

Assistant Professor, RNA Therapeutics Institute, University of Massachusetts Chan Medical School

*Maternal Investigation for a Comprehensive Review of MicroBiome in PreEclampsia (MICROBIOME Study)*



**PI: Heidi K. Leftwich, DO (right)**

Associate Professor, Department of Obstetrics and Gynecology, UMass Memorial Health/University of Massachusetts Chan Medical School

**Co-PI: Ana Maldonado-Contreras, PhD (left)**

Assistant Professor, Department of Microbiology and Physiological Systems, University of Massachusetts Chan Medical School

# Pilot Project Program (PPP) Spotlight

**QurAlis Corp and UMass Chan partnership facilitates further study for 2022 PPP awardee, Dr. Joel Richter, in his quest for therapy for Fragile X Syndrome (FXS).**



**Joel Richter, PhD** the Arthur F. Koskinas Chair in Neuroscience and professor of molecular medicine, received a PPP award for his project titled "Correction of Defective Splicing in Fragile X Syndrome (FXS) with Therapeutic Potential".

Recently, UMass Chan Medical School and QurAlis Corporation have formed a collaboration to investigate an antisense oligonucleotide (ASO) technology for the potential treatment of fragile X syndrome.

This partnership facilitates further study of the biology of fragile X syndrome to determine and confirm relevant targets that could enable antisense oligonucleotide-mediated correction of the syndrome.

Altogether, this work provides novel insights into FXS disease mechanisms, identifies aberrantly spliced proteins in blood as potential biomarkers, and suggests that ASO may offer a therapeutic approach.

(See related story on page 18, "Impact in the News")

*"QurAlis' translational knowledge and clinical trial experience in antisense oligonucleotide splicing for neurodegenerative disorders is an important component for bridging the gap between biomedical discoveries made in the laboratory and delivering therapies to patients in the clinic. With their help, we are hopeful that one day we may be able to offer patients with Fragile X meaningful treatment options."*

**JOEL RICHTER, PHD**

## WORKFORCE DEVELOPMENT (WFD) PROGRAMS

Our training activities emphasize Translational Science (TS) competencies and the responsible conduct of research. Our approach to WFD is founded on the principles of TS, recog-

nizing the need for evidence-informed, experiential training rooted in team science, as well as the value of a diverse workforce.

<b>Clinical Research Professional Education &amp; Training</b> PROFESSIONAL DEVELOPMENT Annual participants = 336 	<b>Clinical Research Professionals Group (CRPG)</b> PROFESSIONAL DEVELOPMENT Annual participants = 267 	<b>Clinical Research Internship</b> DIDACTICS, MENTORSHIP & EXPERIENTIAL Annual participants = 12 	<b>Preparing Engineers for Professional Practice (PEPP)</b> MENTORSHIP & EXPERIENTIAL Annual participants = 10 
<b>Projects in Process Seminar Series (PIPSS)</b> EXPERIENTIAL Annual participants = 55 	<b>Master of Science in Clinical Investigation (MSCI)</b> DIDACTICS, MENTORSHIP & EXPERIENTIAL Annual participants = 12 	<b>Clinical and Translational Research Scholars (CTRS)</b> DIDACTICS & EXPERIENTIAL Annual participants = 11 	<b>Postdoctoral Fellowship in Innovation &amp; Business Development (BRIDGE)</b> MENTORSHIP & EXPERIENTIAL Annual participants = 2 
<b>Pre doc</b> <b>Staff</b> <b>Postdoc</b> <b>Faculty</b>			

# EXcellence in Clinical Research and Education and Leadership: Undergraduate Summer Clinical Research Internship (EXCEL-UP)



*Pictured above from L-R: Top row students are Mirabella Paolucci, Evelyne Nibitanga, Claire Schwartz, and John Ferreira. Middle row students are Annabell Victor, Stephanie Benavides, and Basim Naeem. Bottom row students are Kim Nguyen, Mayank Amrohi, Makenna Sheehan and Brianna Bergin. Interns unavailable for photo: Angeli Franz and Rochell Luciano.*

“ This experience has been transformative, bridging my understanding of clinical research and practical applications. Working closely with research professionals exposed me to the integration of rehabilitation concepts with human subjects research in pediatrics. It has reinforced my passion for the potential of a research career. ”

*Evelyne Nibitanga, UMass Amherst 2024 undergrad intern, Department of Psychiatry, is pictured above right with Lindsay Cincotta, CRC III & primary mentor on the left.*

**Now in its third year, this program has hosted 34 students from all four UMass campuses.**

	2022	2023	2024	Cumulative
<b>TOTAL INTERNS</b>	9	13	12	34
Female	7 (70%)	11 (85%)	9 (75%)	26 (76%)
URiM	1 (11%)	8 (62%)	9 (75%)	18 (53%)

	2022	2023	2024
<b>CAMPUS</b>			
UMass Amherst	6	3	6
UMass Boston	-	4	3
UMass Dartmouth	-	1	-
UMass Lowell	3	5	3

## 2022 intern, Benjamin Weitz, is first-author on publication in the American Journal of Health Behavior

With guidance from Dr. Dan Amante, and additional support from Dr. Ben Gerber, Dr. Feifan Liu, and Dr. Jung Ae Lee, Ben authored the manuscript, “*Examining Coping Behaviors Associated with Depression among People with Type 2 Diabetes from May-July 2020*”. He had the opportunity to present a poster of their work at the Society of Behavioral Medicine, and a seminar for the Projects in Process Seminar Series. These experiences, organized under Dr. Amante’s mentorship, offered opportunities to discuss his results and connected him with leaders in the field.

Their work sought to investigate potential vulnerabilities observed in those with Type-2 Diabetes (T2D) and comorbid depression during the early COVID-19 pandemic (lockdowns). A new initiative from the NIH, *All of Us*, provided data with a near-nationally representative cohort of possible participants. Conclusions confirmed that among adults with T2D, those with depression reported coping behaviors more likely to affect self-management plans negatively during the early pandemic.

Ben is now working on his MS in Environmental Health at Harvard T.H. Chan School of Public Health.



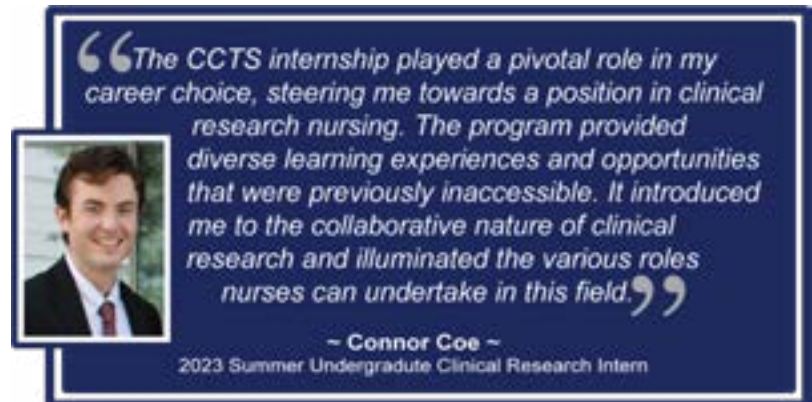
“The internship not only prepared me for a career in research, it also provided a foundation to begin working on the manuscript. I greatly value what I learned, specific to the kind of work done in the division of Health Informatics and Implementation Science.”

Benjamin Weitz

## 2023 Interns Join UMass Chan Research Teams

Connor Coe, a 2023 intern from UMass Boston, worked in the Pediatric NICU during his internship. He was mentored by Dr. Lawrence Rhein, MD, MPH, Neonatal-Perinatal Medicine/Pediatric Pulmonology and Lindsay Simoncini, Research Project Director, during his time in the program.

Connor was hired by UMass Memorial Health Neonatal ICU team in 2024 after graduating from nursing school.



Sophia Nosek (UMass Amherst, '23)

**Mentor Team:** William Walsh, MD; Cara Gregoire, RN, BSN, MHA (Cancer Research Office)

**2022 Intern:** Hired by BU as a Research Program Manager



Grace White, MPH (UMass Amherst, '23, '24 (Grad.)

**Mentor Team:** David McManus, MD; Edith Mensah Otobil, CRC III (Medicine)

**2023 Intern:** Hired by McManus team after graduation

# I-CORPS

Launched in 2018, this short course is designed to help faculty, postdocs, and students understand the commercial potential of their inventions. This approach helps to accelerate the translation of biomedical innovations from the lab to clinical practice.

## I-CORPS 2018 - 2024



**76 PARTICIPANTS**

**38 TEAMS**



**14 INSTITUTIONS**

# Clinical Research Staff Training

Courses for new and established clinical research professionals enhance skills and enable networking.

## Orientation to Clinical Research at UMass Chan

**60** participants in **11** sessions

## Research Coordinator Training

- Introductory **39** participants, **7** sessions
- Intermediate **22** participants, **4** sessions
- Advanced **9** participants, **1** session

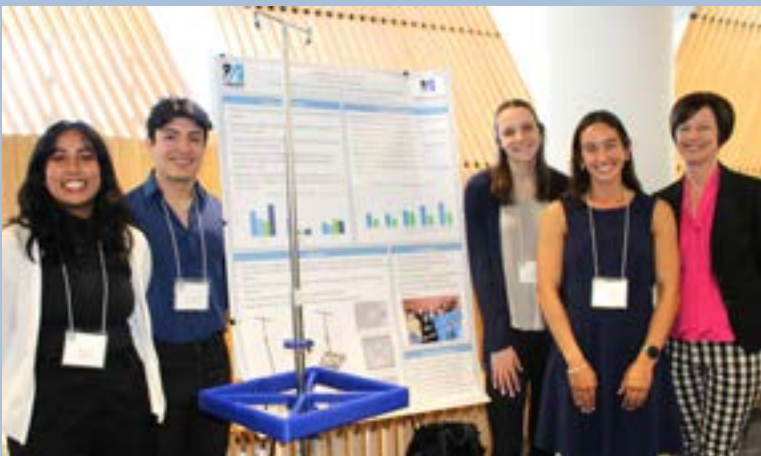
## Phlebotomy

**19** participants in **2** sessions

# Preparing Engineers for Professional Practice (PEPP)

This program pairs engineers with clinicians to develop innovative solutions to complicated health issues.

The photo below taken this past April during the PEPP capstone event shows students displaying their poster and prototype design.



*Pictured above L-R: UMass Lowell students Natisha Soni, Chris Molina, Erin Jensen, Ali Grasso and Lindsey Tulipani, PhD, assistant teaching professor, UMass Lowell and team mentor, proudly displaying their capstone project - a prototype device to address fall prevention in hospitalized patients.*

# Projects in Process Seminar Series (PiPSS)

The Projects in Progress Seminar Series (PiPSS) provides a forum for scholars and trainees from across career stages and geographical locations to come together to learn together, practice presentation skills, and network.



**19** session dates with 2-3 speakers at each session



**41** speakers total  
(**7** TL1, **6** KL2, **8** MSCI & **10** T32)




Up to **27** attendees at each seminar

# TL1 PROGRAM



## CURRENT TL1 TRAINEE HIGHLIGHT



**Pryce Michener**  
MD/PhD Student  
Dept. of Population and Quantitative Health Sciences  
Mentor: Peter Friedmann, MD  
Project Title: Implementation of Medications for Opioid Use Disorder in Massachusetts Jails

### Foundational work in treatment implementation for opioid use disorder continues with support from follow-on funding

In 2022 Pryce Michener, MD/PhD student, department of Population and Quantitative Health Service received a TL1 award. Earlier this year, he successfully applied for a Ruth L. Kirschstein National Research Service Award Individual Predoctoral Fellowship to further his research on substance use and medications for opioid use disorder.

Pryce's work with his mentor, Peter Friedmann, PhD, division of population & quantitative health sciences at UMass Chan-Baystate has been to study the implementation of medications for opioid use disorder in Massachusetts jails and improve access to these medications. **Their work will provide information to clinicians, legislators, and criminal-legal policymakers about the advantages, challenges, and best practices associated with the provision of medications for opioid use disorder in carceral settings.**

*“Through my TL1, I have been able to conduct both quantitative and qualitative research with the goal of improving care for people with substance use disorders who experience incarceration, and reducing the mortality risk of untreated opioid use disorder. The TL1 program prepared me well to conduct this research and to pursue future grant opportunities to support my career and educational goals.”*

Pryce Michener, MD, PhD student/TL1 trainee

## TL1 Trainees Funded Through 2024



**Stephen Diggs, PhD**  
Post Doctoral Associate  
RNA Therapeutics Institute  
Mentors: Andrei Korostelev, Ph.D. and Nikolaus Grigorieff, Ph.D.  
Project Title: Elucidating the molecular basis of ALS using high-resolution in situ cryo-EM



**Harris T. Feldman, MD**  
Postdoctoral Fellow  
Program in Digital Medicine  
Mentor: Apurv Soni, MD, PhD, Assistant Professor and Director of the Program in Digital Medicine  
Project Title: Characterization of Inflammatory Bowel Disease Flares using Electronic Medical Record and Home-based Collection of Data and Identifying Multimodal Predictors of Flares



**Deborah Mack, MPH, PhD**  
Postdoctoral Fellow  
Mentor: Jennifer Tjia, MD, MSCE & Kate Lapane, PhD, MS  
Project Title: Statin Pharmacotherapy in US Nursing Homes



**Sydney Griger**  
PhD Student  
Department of Biomedical Engineering, UMass Amherst  
Mentor: Stacyann Bailey, PhD  
Project Title: Predicting Risk of Spine Fractures in Patients with Breast Cancer Bone Metastasis




**Carly Herbert**  
MD/PhD Student  
Dept. of Medicine  
Mentor: Apurv Soni, MD, PhD  
Project Title: Optimizing Use of Rapid Antigen Diagnostics for COVID-19



**Laél Ngangmeni, MBS**  
MD/PhD Student  
Dept. of Population and Quantitative Health Sciences  
Mentor: Kristin Mattocks, PhD, MPH  
Project Title: Racial/Ethnic Differences in Provider Referrals and Perceptions of Prenatal Care among Pregnant Veterans



**Natalia Nielsen, MPH**  
PhD Student  
Department of Population and Quantitative Health Sciences, UMass Chan  
Mentors: Kate Lapane, PhD, Maira Castañeda-Avila, PhD and David Dosa, MD  
Project Title: Spanish-speaking Hispanics/Latinos in US Nursing Homes: The Role of Language in Mental Health Status and Pain Management



**Gretchen Weaver, MPH**  
PhD Student  
Department of Population and Quantitative Health Sciences, UMass Chan  
Mentor: Sarah Forrester, PhD, MS  
Project Title: Investigation of COVID-Related Discrimination and Racial Bias Experiences of Black and Latinx Research Participants and Recruitment into Subsequent COVID-19 Studies

# KL2 PROGRAM

## KL2 scholars funded through 2024




**Raquel Binder, PhD**  
 Department of Medicine, Division of Infectious Disease  
 Primary mentor: Ann Moormann, PhD, MPH  
 Other mentors: Timothy Kowalik, PhD; Ana Maldonado-Contreras, PhD; Andrés Colubri, MFA, PhD  
 Project Title: Unraveling Respiratory Virus Transmission Dynamics among Latinx and Black Communities in MA




**Maira Castañeda-Avila, PhD**  
 Department of Population and Quantitative Health Sciences  
 Mentors: Kate Lapane, PhD; Mara Epstein, ScD; Sarah Forrester, PhD and Johnggyu Baek, PhD  
 Project Title: Multiple Chronic Conditions and Colorectal Cancer in Older Hispanic Adults: A Mixed Methods Approach




**Nisha Fahey, DO**  
 Department of Pediatrics, Population and Quantitative Health Sciences  
 Mentors: Jeroan Allison, MD, MS; Arvin Garg, MD, MPH  
 Project Title: Enabling Community-Based Kangaroo Care to Mitigate Health Inequities Among Preterm Infants



**Ayorkor Gaba, Psy.D.**  
 Department of Psychiatry  
 Mentor: David Smelson, Psy.D.  
 Project Title: Advancing Behavioral Health Equity for Justice-Involved Adults



**Sohye Kim, PhD**  
 Department of Psychiatry  
 Mentor: Jean Frazier, MD  
 Project Title: Establishing Novel Neural Markers that can Detect Individual Differences in the Developing Brain's Capacity to Respond to Social Cues



**Laurel O'Connor, MD**  
 Department of Emergency Medicine  
 Mentor: Edwin Boudreaux, MD  
 Project Title: A mobile Integrated Health Intervention for the Management of Acute-Phase Exacerbation of Congestive Heart Failure and Chronic Obstructive Pulmonary Disease

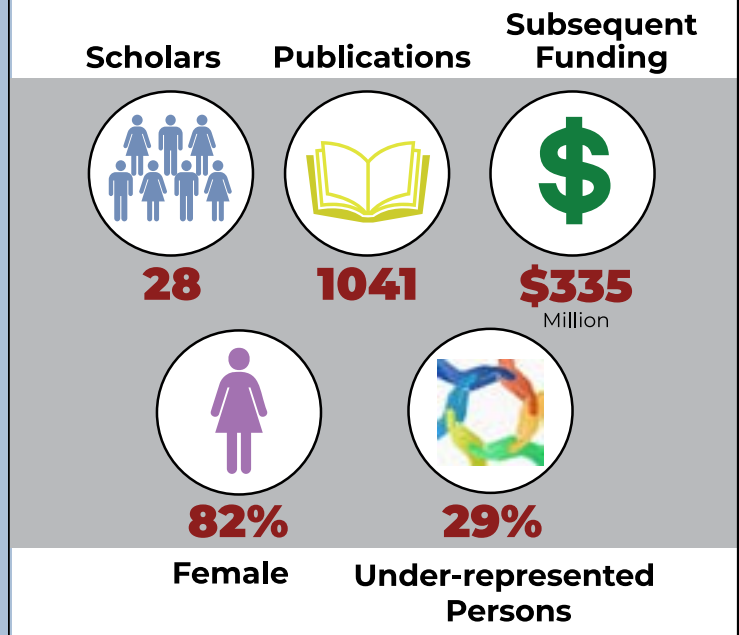


**Anna Whelan, MD**  
 Department of Obstetrics and Gynecology  
 Primary mentor: Tiffany Moore Simas, MD, MPH  
 Other mentors: Nancy Byatt, DO, MBA, MS; Emily Miller, MD, MPH; Kristin Mattocks, PhD; Martha Zimmermann, PhD  
 Project Title: Adapting a Health at Every Size Intervention to Obstetric Care



**Martha Zimmermann, PhD**  
 Department of Psychiatry  
 Mentor: Nancy Byatt, DO, MBA, MS, DFAPA, FACLP  
 Project Title: Developing a Scalable Intervention to Prevent Perinatal Anxiety in Obstetric Settings

## KL2 Scholars Program



### Current KL2 Scholar Highlight



**Lara Kovell, MD**  
 Department of Medicine, Division of Cardiology  
 Mentor: David McManus, MD, ScM  
 Project Title: Development of a Mobile Health Intervention for Blood Pressure Management in Pregnancy

### Dr. Kovell's work holds promise for reducing clinical events in high-risk pregnancies

KL2 scholar, Lara Kovell, MD, a physician-scientist and associate professor of medicine in the Division of Cardiovascular Medicine, is the inaugural director of the Women's Pregnancy and Heart Disease Clinic at UMass Memorial Health.

With the goal of improving quality and cultural relevance of hypertension care, Dr. Kovell will examine the effects of the digital health approach, Moms@Home, on home blood pressure monitoring in a diverse population of pregnant women with hypertension.

By facilitating more timely diagnosis and potentially better blood pressure control with home blood pressure monitoring, digital health interventions like Moms@Home hold promise to reduce the risk of preventable and devastating clinical events for women with high-risk pregnancies and their children.

*"It has truly been career changing to be a part of the KL2 program, to immerse myself in the world of prenatal and hypertension research and spend the past year training in qualitative and community-based participatory research. Through my KL2 studies, we have worked with many incredible women in the Worcester community. Their selfless and tireless support of our research has really inspired me to continue this work and improve the care of hypertension in pregnancy."* Lara Kovell, MD/KL2 scholar



# KL2 SCHOLAR AND TLI TRAINEE FIRST AUTHOR PUBLICATIONS

Pediatric high blood pressure follow-up guideline adherence in a Massachusetts health care system

Melissa Goulding, PhD, MS - New KL2

## [Full Article in Academic Pediatrics](#)

*“Few children received guideline adherent blood pressure (BP) follow-up and most differences in adherence were related to clinic resources. System-level interventions are needed to improve BP follow-up.”*

Can psychological interventions prevent or reduce risk for perinatal anxiety disorders? A systematic review and meta-analysis

Martha Zimmermann, PhD - KL2

## [Full Article in Science Direct](#)

*“Interventions developed for perinatal anxiety were more effective than interventions to prevent perinatal depression. Psychological interventions show promise for reducing perinatal anxiety symptom severity, though interventions specifically targeting anxiety are needed.”*

Examining racial/ethnic inequities in treatment participation among perinatal individuals with depression

Esther Boama-Nyarko, MPH - TLI

## [Full Article in PubMed](#)

*“Perinatal mental healthcare inequities are associated with disparities in treatment referrals. Interventions focusing on referral disparities across race and ethnicity are needed.”*

Racial and ethnic disparities in use of colorectal cancer screening among adults with chronic medical conditions: Behavioral Risk Factor Surveillance System (BRFSS) 2012–2020

Maira A. Castañeda-Avila, PhD, MS - KL2

## [Full Article in CDC Preventing Chronic Disease](#)

*“Our findings have important implications for health care providers and policy makers aiming to improve screening rates and prevent colorectal cancer (CRC) deaths. We identified access to health care as a crucial factor in screening rates: people who lacked health care coverage or a primary care provider (vs people who had both) or people who reported financial barriers to care (vs people who had no such barriers) were less likely to be up to date with CRC screening.”*

Minding the margins: Evaluating the impact of COVID-19 among Latinx and Black communities with optimal qualitative serological assessment tools

Raquel A. Binder, PhD - KL2

## [Full Article in PubMed](#)

*“To reveal the impact of COVID-19 and vaccine uptake among diverse communities and to develop rigorous serological downstream evaluation methods, we engaged racial and ethnic minorities in Massachusetts in a cross-sectional study”*

# IMPACT IN THE NEWS

## ENGAGE, SHARE AND PREPARE

Funded (\$21 million PCORI grant) study on mental health equity aims to ensure that researchers engage with obstetric practices that are in greatest need, test the effectiveness of the partnership and prepare to spread what the study team learns to other obstetric practices.

(Nancy Byatt, DO, MS, MBA - KL2 & PPP Awardee)

[\*\*Full Story\*\*](#)

## SUPPORT FOR POLICY CHANGE

Study designed to support the policy change needed to enhance access and funding to food support and screening programs in pregnancy, in order to improve food security and health outcomes for pregnant individuals with risk factors for cardiovascular disease.

(Lara Kovell, MD, MSCI - KL2 Awardee)

[\*\*Full Story\*\*](#)

## COMMUNITY PARTNERSHIPS ARE KEY

\$3.8 million NIH grant supports study that will partner with 14 pediatric practices, schools and families in Massachusetts to serve children with difficult-to-control asthma symptoms in grades K-8.

(Michelle K. Trivedi, MD, MPH - KL2 Awardee)

[\*\*Full Story\*\*](#)

## SUBSTANTIAL CLINICAL RELEVANCE FINDING

TL1 trainee's COVID work featured in New England Journal of Medicine

(Carly Herbert, MD/PhD student - TL1 Trainee)

[\*\*Full Story\*\*](#)

## FIRST NATIONWIDE STUDY FOR DEAF

The first nationwide therapeutic clinical trial with the goal of being a fully powered, randomized control trial focused on therapy in the Deaf community.

(Melissa Anderson, PhD - KL2 Awardee)

[\*\*Full Story\*\*](#)

## STUDY CONNECTS DISCOVERIES

Partnership facilitated by BRIDGE Innovation and Business Development bridging the gap between biomedical discoveries made in the laboratory and delivering therapies to patients in the clinic.

(Joel Richter, PhD - PPP Awardee)

[\*\*Full Story\*\*](#)

## STUDY SHOWS SYMPTOM IMPROVEMENT

This clinical study indicates programs modeled on MCPAP for Moms, where patients served by obstetric practices that use the model experience showed an improvement in depression symptoms.

(Tiffany Moore Simas, MD & Nancy Byatt, DO, MS, MBA - PPP Awardee)

[\*\*Full Story\*\*](#)

## RAPID TESTS PROVE EFFECTIVE

Study of COVID-19 rapid tests indicates they still work against new variants.

(Apurv Soni, MD, PhD - TL1 Trainee & Nate Hafer, PhD)

[\*\*Full Story\*\*](#)



## Connecting researchers to resources and collaborators

Our Research Navigator Program, led by Nate Hafer, PhD, UMCCTS Director of Operations, has directly linked **>425** investigators in **40** departments to collaborators, resources, educational programs, and funding opportunities.

# PROGRAMS AND RESOURCE SUPPORT

## WORKFORCE DEVELOPMENT PROGRAMS

- Clinical Research Professionals Group
- Clinical Research Training Course Program
- Clinical/Translational Research Pathway Program
- Clinical and Population Health Research PhD Program
- High School Health Careers Program (HSHCP)
- Human Research Protection Program (HRPP)  
Quality Assurance/Quality Improvement
- I-Corps Program at the UMCCTS
- Master of Science in Clinical Investigation Program
- Junior Faculty Development Program
- "K-Club" - Research Career and Writing Group
- MD/PhD (MSTP) Program
- Mentored Career Development (KL2) Training Program
- Millennium PhD Program
- Morningside Summer Undergraduate Research Program (Lab Research)
- Pre- and Post-doctoral Fellowship (TL1) Training Program
- R Club
- Summer Enrichment Program (SEP)
- Summer Undergraduate Research Internship Program (Clinical & Translational Science)
- Worcester Pipeline Collaborative

## RESEARCH SUPPORT INFRASTRUCTURE

- Bioinformatics
- Biorepository & Tissue Bank
- Biostatistics, Epidemiology, and Research Design (BERD)
- Clinical Research Center
- Clinical Research Implementation Support
- Research Informatics Core
- Investigational Drug Services
- M2D2
- Pilot grants
- Proteomics/OLink (BioMarkers) Facility
- Recruitment support
- Research Navigator
- Small Molecule Screening Facility
- Science Participation Research Center (SPRC)
- Umbilical Cord Blood Facility

## EXECUTIVE LEADERSHIP

Katherine Luzuriaga, MD  
PI & Director

Terry Flotte, MD  
Co-Director

## PROGRAM LEADERSHIP

### **Biostatistics, Epidemiology & Research Design (BERD)**

Bruce Barton, PhD | Director  
Arlene S. Ash, PhD | Co-Director  
Sharina Person, PhD | Co-Director

### **Community Engagement and Collaboration Core (CECC)**

Stephenie Lemon, PhD, MS | Director  
Maryann Davis, PhD | Co-Director  
Laura L. Hayman, PhD | Co-Director

### **Educational and Training Programs**

M. Diane McKee, MD | Director

### **Integrated Biomarkers**

John E. Harris, MD, PhD | Director

### **Institutional Review Board**

Allison Blodgett, PhD | Director

### **(KL2) Mentored Career Development Program**

Catarina Kiefe, MD, PhD | Director  
Peter Lindenauer, MD, MSC, MHM | Co-Director  
Beth McCormick, PhD | Co-Director  
Milagros C. Rosal, PhD | Co-Director

### **(TL1) NRSA Training Program**

Kate L. Lapane, PhD, MS | Director  
Brian Lewis, PhD | Co-Director

### **Pilot Project Program (PPP)**

Nathaniel Hafer, PhD | Director

### **Regulatory Knowledge and Support**

Jesica Pagano-Therrien, PhD, RN, CPNP-PC | Director

### **Research Informatics**

Adrian Zai, MD, PhD | Director

### **Science Participation Research Center (SPRC)**

Jeroan Allison, MD, MSc | Director  
Joanne Calista, MSW | Co-Director

## EXECUTIVE COMMITTEE

**Katherine Luzuriaga**, MD, UMass Memorial Health Care Chair in Biomedical Research; Professor, Molecular Medicine, Pediatrics, and Medicine; Vice Provost of Research UMCCTS Director, UMass Chan

**Allan Walkey**, MD, MSc Chief, Division of Health Systems Science; Professor, Medicine UMCCTS Co-Director, UMass Chan

**Catarina Kiefe**, PhD, MD, Melvin S. and Sandra L. Cutler Chair in Biomedical Research; Founding Chair Emerita and Professor, Population and Quantitative Health Sciences, UMass Chan

**Kate Lapane**, PhD, Professor & Chief, Division Epidemiology, Population and Quantitative Health Sciences; Director, PhD program in Clinical & Population Health Research; Assoc. Dean, Clinical & Population Health Research, UMass Chan

**Rachael Sirianni**, PhD, Professor, Neurosurgery, UMass Chan

**Stephenie Lemon**, PhD, Professor and Chief, Division of Preventive and Behavioral Medicine, Population and Quantitative Health Sciences; Co-Director, UMass Chan Prevention Research Center

**John Harris**, MD, PhD, Professor and Chair, Dermatology, UMass Chan

**Jesica Pagano-Therrien**, RN, PhD, Associate Professor, Graduate School of Nursing; UMass Chan

**Nathaniel Hafer**, PhD, Associate Professor, Molecular Medicine, UMCCTS Operations Director, UMass Chan

**Adrian Zai**, MD, PhD, UMass Chan Chief Research Informatics Officer; Associate Professor, Population and Quantitative Health Sciences, UMass Chan

**Apurv Soni**, MD, PhD, Assistant Professor, Department of Medicine, UMass Chan

**Laura Hayman**, PhD, Professor and Interim Chair, Department of Nursing, UMass Boston

**Jeroan J. Allison**, MD, MS Chair and Professor, Department Population and Quantitative Health Sciences, Director of the Science Participation Research Center (SPRC) of the UMCCTS, UMass Chan

**Jan Nissly**, PhD, QA/QC Director, UMass Chan

## COMMUNITY ADVISORY BOARD

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**Casey Burns**, Director Coalition for a Healthy Greater Worcester

**Joanne Calista**, Executive Director, Center for Health Impact

**Asish Cowlagi**, President India Society of Worcester

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**Tabia Akintobi**, PhD, MPH, Professor & Chair, Community Health & Preventive Care, Morehouse School of Medicine, Atlanta, GA

**Jeffrey L. Busha**, MS, Living in Freedom Together (LIFT), Worcester, MA

**David Center**, MD, Gordon & Ruth Snider Professor of Pulmonary Medicine, Boston University Medical Campus, Boston, MA

**Frank Harrell Jr.**, PhD, Professor & Chair Department of Biostatistics, Vanderbilt University School of Medicine, Nashville, TN

**John Ho**, MD, Chief Strategy Officer, Corporate Senior Vice President, Charles River Laboratories, Shrewsbury, MA

**Leslie Lenert**, MD, MS, FACP, FACMI, Interim VP, Medicine & Technology, Medical University of South Carolina, Charleston, SC,

**Shawn Murphy**, MD, PhD, Professor of Neurology and Biomedical Informatics, Harvard Medical School, Partners HealthCare System, Inc., Boston, MA

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**Joel Tsevat**, MD, MPH, Joaquin G. Cigarroa, Jr., MD, Distinguished Chair, University of Texas Health, San Antonio, TX

**Maija Neville-Williams**, MPH, Chief Operating Officer; Administrative Director, Center for Clinical & Translational Science, The Rockefeller University, New York, NY

**Vaske Gjino**, Asst. Chief Development Officer, City of Worcester

**Matilde Castiel**, Commissioner for Health and Human Services, City of Worcester

**Juswinder Singh**, CEO Ankaa Therapeutics

**Jon Weaver**, CEO, Massachusetts Biomedical Initiatives

**Anna Symington**, Patient, Rays of Hope